

# NATIONAL SCHOOL BREAKFAST WEEK

MARCH 5<sup>TH</sup> - 9<sup>TH</sup>, 2018



PARENTS !

Hectic Mornings ?

Your Child has healthy

Breakfast options at

School. Come Enjoy !



KINGS LOCAL SCHOOL DISTRICT celebrates National School Breakfast Week !!

## SUNNY START BREAKFAST MENU

Wednesday, March 7<sup>th</sup>, 2018

Assorted Fruit Juice

Toasted Cinnamon Flatbread topped with Yogurt and Fresh Fruit

Chilled Milk (fat free and 1%)

## School Breakfast Word Search

Find the list of breakfast foods. Words can be written forwards, backwards or diagonally.

BLUEBERRY

WAFFLE



CHERRY

PEACH

MILK



CEREAL

TOAST

STRAWBERRY

KIWI

MUFFIN



JUICE

WATERMELON

C	N	P	A	S	Y	E	S	N	I
N	H	L	E	M	R	E	T	A	W
T	G	E	E	A	R	I	R	E	A
Y	O	M	R	A	C	U	A	K	F
R	A	A	I	R	R	H	W	I	F
J	M	R	S	L	Y	L	B	W	L
U	L	E	T	T	K	N	E	I	E
I	B	L	U	E	B	E	R	R	Y
C	E	R	E	A	L	E	R	P	O
E	N	I	F	F	U	M	Y	E	M

The National School Breakfast Week is held to raise awareness to the importance of the Breakfast Meal.

FACT: Students who eat breakfast are more likely to improve concentration and memory, reaching higher levels of achievement in the clearing at school.

Please come and enjoy in the celebration and enjoy a healthy breakfast !!



National School Breakfast Week

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## I SCHOOL BREAKFAST

Students who eat school breakfast are more likely to:

Reach higher  
levels of  
achievement  
in reading  
and math

Score higher  
on standardized  
tests

Have better  
concentration  
and memory

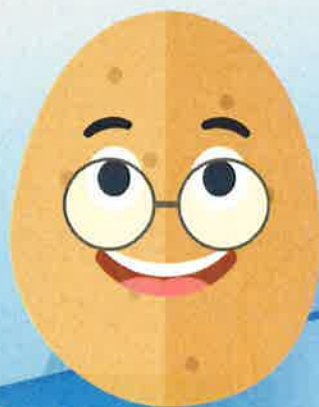
Be more alert

Maintain a  
healthy weight

THE SCHOOL BREAKFAST  
PROGRAM SERVES OVER  
**14 MILLION**  
CHILDREN EVERY  
SCHOOL DAY.

**PARENTS!**  
Hectic mornings?  
Your child has healthy  
breakfast options  
at school!

#NSBW18



@SchoolLunch



@Schoolnutritionassoc



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*Kellogg's*



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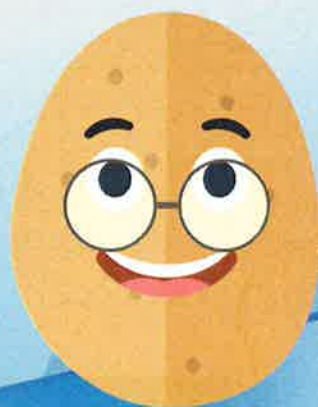
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