



# KINGS LOCAL SCHOOL DISTRICT

## COLUMBIA INTERMEDIATE SCHOOL BREAKFAST MENU

### 2017 - 2018



Breakfast Menu # 1									
<b>Monday</b>	Fruit Cocktail Apple Juice WG Cold Cereal Blueberry WG Muffin Milk	<b>Tuesday</b>	Diced Peaches Orange Juice WG Cold Cereal Kellogg's WG Poptart Milk	<b>Wednesday</b>	Pineapple Tidbits Grape Juice Mini French Toast Bites served with Syrup Milk	<b>Thursday</b>	Orange Wedges Orange Juice WG Cold Cereal Powdered Donut Milk	<b>Friday</b>	Chilled Applesauce Apple Juice WG Cold Cereal Cherry Crunch Bar Milk
Breakfast Menu # 2									
<b>Monday</b>	Diced Pears Orange Juice WG Cold Cereal Kellogg's WG Poptart Milk	<b>Tuesday</b>	Tropical Fruit Grape Juice WG Cold Cereal Powdered Donut Milk	<b>Wednesday</b>	Fresh Melon Apple Juice Mini Maple Pancakes served with Syrup Milk	<b>Thursday</b>	Mandarin Oranges Grape Juice WG Cold Cereal Cereal Bar (asst) Milk	<b>Friday</b>	Fresh Banana Orange Juice WG Cold Cereal Blueberry WG Muffin Milk
Breakfast Menu # 3									
<b>Monday</b>	Chilled Applesauce Grape Juice WG Cold Cereal Powdered Donut Milk	<b>Tuesday</b>	Orange Wedges Apple Juice WG Cold Cereal Cherry Crunch Bar Milk	<b>Wednesday</b>	Pineapple Tidbits Orange Juice Mini Waffle Bites served with Syrup Milk	<b>Thursday</b>	Diced Peaches Apple Juice WG Cold Cereal Blueberry WG Muffin Milk	<b>Friday</b>	Fruit Cocktail Grape Juice WG Cold Cereal Kellogg's WG Poptart Milk
Breakfast Menu # 4									
<b>Monday</b>	Mandarin Oranges Apple Juice WG Cold Cereal Cereal Bar (asst) Milk	<b>Tuesday</b>	Fresh Melon Orange Juice WG Cold Cereal Blueberry WG Muffin Milk	<b>Wednesday</b>	Diced Pears Grape Juice Mini French Toast Bites served with Syrup Milk	<b>Thursday</b>	Tropical Fruit Orange Juice WG Cold Cereal Kellogg's WG Poptart Milk	<b>Friday</b>	Fresh Banana Apple Juice WG Cold Cereal Powdered Donut Milk
Breakfast Menu # 5									
<b>Monday</b>	Pineapple Tidbits Orange Juice WG Cold Cereal Kellogg's WG Poptart Milk	<b>Tuesday</b>	Fruit Cocktail Grape Juice WG Cold Cereal Cereal Bar (asst) Milk	<b>Wednesday</b>	Orange Wedges Apple Juice Mini Maple Pancakes served with Syrup Milk	<b>Thursday</b>	Diced Peaches Grape Juice WG Cold Cereal Powdered Donut Milk	<b>Friday</b>	Chilled Applesauce Orange Juice WG Cold Cereal Blueberry WG Muffin Milk

*MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS*

## SHAPING YOUR FUTURE



The Breakfast menu consists of a 5 week rotation cycle. Please reference the yearly calendar below. Each week is highlighted to a corresponding color to that specific week in the calendar.

Breakfast Meal Price:  
(includes milk)

\$1.25

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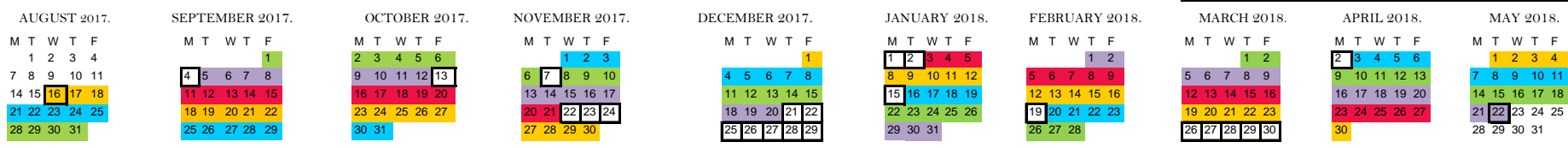
Reduced Price Meal

\$.30

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Students who received the program last school year automatically qualify for the first 30 days of the new school year. All families however need to re-apply for the new school year within the first 30 days of the new school year. Those students that were on the program and do not re-apply will be removed for the program on October 1st, 2016. Meals will be then charged at full price to your child(ren); payment will be required to be paid in full.

**Pre-Pay for Meals On-Line**  
[www.payforit.net](http://www.payforit.net)

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director at 398-8050 ext. .10027



*The United Department of Agriculture is an equal opportunity provider and employer*

WG = Whole Grain