Columbia Intermediate Lunch Menu

Lunch Menu # 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Cream of Tomato Soup, Crax* w/ Texas Grilled Cheese Sandwich B) Chicken Nuggets w/ WG Roll	A) Hamburger or Cheeseburger * B) Personal Pan Cheese Pizza OR Personal Pan Pepperoni	A) Walking Taco: Tostito Scoops, Taco filling, lett., cheese, and salsa B) Crispy Chicken Sandwich	A) Sloppy Joe Sand., Pretzels* B) Baked Chicken Tenders served w/ Wh. Grain Dinner Roll	A) Cinti Chili Cheese Coney * B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni
Baked Tater Tots* Baby Whole Carrots w/ Dip* Fresh Orange Wedges	Homemade Baked Beans* Seasoned Mixed Vegetables* Chilled Pineapple Tidbits	Fresh Caesar Salad w/ croutons* Seasoned Broccoli Florets* Chilled Applesauce	Whipped Potatoes with gravy* Seasoned Corn* Chilled Fruit Cocktail	Cosmic Creations Potatoes* Seasoned Carrot Coins* Chilled Peaches
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Big Daddy's Primo Cheese Pizza	A) H-Made 3 Way Chili Spaghetti* served with Warm Garlic Bread B) Popcorn Chix, WG Dinner Roll	A) Mini Corn Dogs, Soft Pretzel Stix* B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni	A) Pork BarBQ Sandwich served on Warm Whole Grain Bun * B) S & F Cheese or Pepp. Pizza	A) Breaded Mozzarella Cheese* sticks served with marinara sauce B) Chix Nugget w/ WG Dinner Roll
Baked Roasted Potato Chunks* Baby Whole Carrots w/ Dip* Chilled Mandarin Oranges Graham Bite Square Treat	Fresh Caesar Salad w/ croutons* Seasoned Green Beans* Baby Whole Carrots with Dip Chilled Pineapple Tidbits	Baked Tater Tots* Seasoned Carrot Coins* Fresh Garden Salad with dressing Fresh Orange Wedges	Homemade Baked Beans* Seasoned Corn* Choice of Applesauce or Fresh Fruit in Season	Seasoned California Blend Vegt* Baked Krinkle Cut Potatoes* Choice of Chilled Pears or Fresh Red or Green Grapes
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Mini Pizza Cheese Bagels* B) Baked Chicken Rings O's with Warm Whole Grain Dinner Roll	A) Cinti Chili Cheese Coney * B) Baked Chicken Tenders served w/ Whole Grain Dinner Roll	A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) S & F Cheese or Pepp. Pizza	A) Chicken Fajita Wrap served with romaine, cheese and salsa* B) French Bread Cheese Pizza	A) Hamburger or Cheeseburger* B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni
Baked Spiral Potatoes* Seasoned Broccoli Florets* Choice of Chilled Diced Pears or Fresh Fruit in Season	Homemade Baked Beans* Seasoned Kyoto Blend Vegt.* Chilled Mandarin Oranges Homemade Rice Krispie Treat	Seasoned Corn* Baked Hashbrown Starz* Baby Whole Carrots w/ Dip* Sidekick Frozen Juice Cup	Seasoned Green Beans* Steamed Vegetable Rice* Choice of Chilled Pineapple or Fresh Fruit in Season	Fresh Caesar Salad w/ croutons* Seasoned Carrot Coins* Choice of Chilled Peaches OR or Fresh Fruit in Season
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Baked Mini Cheese Ravioli* served with Warm Garlic Bread B) Grilled Chicken Breast Sandwich	A) Frt Juice, Bk Cheese Omelet * Sausage, Blueberry Fruit Muffin B) Totally Taco WG Max Pizza	A) Chipotle Chicken Wrap served with romaine, cheese & salsa* B) Big Daddy's Primo Cheese Pizza	A) Chicken Drumstick w/ Biscuit* B) Baked Boneless Chicken Wings served with BBQ Dipper sauce	A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) Toasted Italian Sub Sandwich
Fresh Garden Salad with dressing* Seasoned Broccoli Florets* Chilled Mandarin Oranges or Fresh Banana	Baked Potato Rounds* Seasoned Corn Choice of Warm Cinnamon Apples or Fresh Fruit in Season	Fresh Caesar Salad w/ croutons* Steamed Rice *, Chipotle Beans* Baby Whole Carrots with Dip Chilled Pears Slices	Whipped Potatoes with Gravy* Seasoned Carrot Coins* Chilled Pineapple Tidbits OR Fresh Fruit in Season	Oven Roasted Potato Wedges* Seasoned Green Beans* Choice of Tropical Fruit or Fresh Red or Green Grapes
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Big Daddy's Primo Cheese Pizza	A) Soft Taco served with Salsa shredded lettuce and cheese B) Popcorn Chix, WG Dinner Roll	A) Homemade Mac and Cheese* with Baked Mini Corn Dogs * B) Crispy Chicken Sandwich	A) Mini Corn Dogs, Soft Pretzel Stix B) Baked Chicken Rings O's served with Soft Pretzel Stix*	A) Crispy Chicken Snack Wrap* served with romaine and cheese B) Stuffed Crust Cheese Pizza
Baked Roasted Potato Chunks* Seasoned Corn Choice of Chilled Pears or Fresh Fruit in Season	Steamed Vegetable Rice* Seasoned Green Beans Refried Beans* Sidekick Frozen Juice Cup	Seasoned Broccoli Florets* Baby Whole Carrots with Dip* Choice of Tropical Fruit or Fresh Fruit in Season	Whipped Sweet Pot. w/ topping Seasoned Mixed Vegetables* Chilled Peaches OR Fresh Fruit in Season	Baked Tater Tots* Seasoned Carrot Coins* Mixed Garden Salad w/ dressing Chilled Pineapple
Milk	Milk	Milk	Milk	Milk

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KINGS LOCAL SCHOOL DISTRICT

LUNCH MEAL

OPTION A - $2.60
OPTION B - $3.10
REDUCED MEAL $ .40

New procedure: Student MUST take (1) fruit or vegetable option with their meal trays.

WHAT'S FOR LUNCH?

Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.

MILK $ .55

Are you in need of meal assistance? Applications are available for a Free and Reduced Meal Program. Upon the application being processed you will be notified of your ld's eligibility status. To obtain a copy you can pick up at the School office or you can also obtain on the Kings Local website.

Alternative Entree Choices: Vegetarian Chef Salad w/ Whole Grain Dinner Roll & WG Crax, Turkey Dog on whole grain bun and Grilled Cheese Sandwich. Each meal offering includes all side dishes and Milk

JANUARY 2017.

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

FEBRUARY 2017.

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
26	27			

MARCH 2017.

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31