

Columbia Intermediate Lunch Menu

KINGS LOCAL
SCHOOL
DISTRICT



Lunch Menu # 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Hamburger or Cheeseburger * B) Personal Pan Cheese Pizza OR Personal Pan Pepperoni	A) Cream of Tomato Soup, Crax* w/Texas Grilled Cheese Sandwich B) Chicken Nuggets w/ WG Roll	A) Walking Taco w/ chs, lett, salsa shredded lettuce, cheese, salsa B) Crispy Chicken Sandwich	A) Sloppy Joe Sand., Pretzels* B) Baked Chicken Tenders served w/ Wh. Grain Dinner Roll	A) Cinti Chili Cheese Coney * B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni
Homemade Baked Beans* Seasoned Mixed Vegetables* Chilled Pineapple Tidbits	Baked Tater Tots* Baby Whole Carrots with Dip* Fresh Orange Wedges	Steamed Vegt Rice, Caesar Salad* Seasoned Broccoli Florets* Chilled Applesauce	Whipped Potatoes with gravy* Seasoned Corn* Chilled Mixed Fruit	Cosmic Creations Potatoes* Seasoned Carrot Coins* Chilled Peaches
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Chipotle Chicken Wrap served with salsa, lettuce and cheese * B) Big Daddy's Cheese Pizza	A) Mini Corn Dogs served with a Warm Whole Grain Dinner Roll B) Popcorn Chix, WG Dinner Roll	A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Stuffed Crust Pizza Slice	A) Hmade 3-Way Chili Spaghetti* served with Warm Garlic Bread B) Big Daddy's Cheese Pizza	A) Breaded Mozzarella Cheese* sticks served with marinara sauce B) Crispy Chicken Sandwich
Baked Potato Wedges* Chipotle Black Beans* Baby Whole Carrots w/ Dip Chilled Mandarin Oranges	Whipped Potatoes with Gravy* Seasoned Green Beans* Baby Whole Carrots with Dip Chilled Pineapple Tidbits	Baked Roasted Potato Chunks* Seasoned Carrot Coins Fresh Garden Salad with dressing Fresh Orange Wedges	Fresh Caesar Salad w/ croutons* Seasoned Corn* Choice of Applesauce or Fresh Fruit in Season	Seasoned Mixed Vegetables* Baked Krinkle Cut Potatoes* Choice of Chilled Pears or Fresh Red or Green Grapes
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Mini Pizza Cheese Bagels* B) Baked Chicken Nuggets with Warm Whole Grain Dinner Roll	A) Cinti Chili Cheese Coney * B) Baked Chicken Tenders served w/ Whole Grain Dinner Roll	A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) Big Daddy's Cheese Pizza	A) Roast Turkey topped with gravy served with whole grain dinner roll B) Crispy Chicken Sandwich	A) Hamburger or Cheeseburger* B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni
Baked Spiral Potatoes* Seasoned Broccoli Florets* Chilled Diced Pears or Fresh Fruit in Season	Homemade Baked Beans* Seasoned Kyoto Blend Vegt.* Chilled Mandarin Oranges Sidekick Frozen Juice Cup	Seasoned Corn* Baked Hashbrown Starz* Baby Whole Carrots w/ Dip Chilled Applesauce	Whipped Sweet Pot w/ topping * Seasoned Green Beans* Chilled Pineapple Tidbits or Fresh Fruit in Season	Fresh Caesar Salad w/ croutons* Seasoned Carrot Coins* Choice of Chilled Peaches OR or Fresh Fruit in Season
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) General Tso's Chicken with* Steamed Rice , Fortune Cookie B) Personal Pan Cheese Pizza	A) Frt Juice, Bk Cheese Omelet * Sausage, WG Blueberry Muffin B) Totally Taco WG Max Pizza	A) Italian Rotini Pasta Bake * served with Warm Garlic Bread B) Grilled Chicken Breast Sandwich	A) Choice of Grilled Hamburger * or Cheeseburger on WG Bun B) Chix Nugget w/ WG Dinner Roll	A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) Toasted Italian Sub Sandwich
Fresh Caesar Salad w/ croutons* Baby Whole Carrots with Dip* Chilled Diced Pears or Fresh Fruit in Season	Baked Potato Rounds* Seasoned Carrot Coins Choice of Warm Cinnamon Apples or Fresh Fruit in Season	Fresh Garden Salad with dressing* Seasoned Broccoli Florets* Choice of Mandarin Oranges or Fresh Fruit in Season	Homemade Baked Beans* Seasoned Corn* Chilled Pineapple Tidbits or Fresh Fruit in Season	Oven Roasted Potato Wedges* Seasoned Green Beans* Choice of Chilled Mixed Fruit or Fresh Red or Green Grapes
Milk	Milk	Milk	Milk	Milk

Lunch Menu # 5				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Big Daddy's Cheese Pizza	A) Soft Taco served with Salsa* shredded lettuce and cheese B) Popcorn Chix, WG Dinner Roll	A) Homemade Mac and Cheese* with Baked Fish Treasurer's * B) Crispy Chicken Sandwich	A) Mini Corn Dogs, Soft Pretzel Stix* B) Baked Chicken Nuggets served with Soft Pretzel Stix*	A) Crispy Chicken Snack Wrap* served with romaine and cheese B) Stuffed Crust Cheese Pizza
Baked Roasted Potato Chunks* Seasoned Corn Choice of Chilled Pears or Fresh Fruit in Season	Steamed Mexican Rice * Seasoned Green Beans* Refried Beans* Sidekick Frozen Juice Cup	Seasoned Broccoli Florets* Baby Whole Carrots with Dip * Choice of Chilled Mixed Fruit or Fresh Fruit in Season	Whipped Potatoes with Gravy* Seasoned Mixed Vegetables* Choice of Chilled Peaches or Fresh Fruit in Season	Baked Tater Tots* Seasoned Carrot Coins* Fresh Garden Salad with dressing Chilled Pineapple
Milk	Milk	Milk	Milk	Milk

LUNCH MEAL
OPTION A - \$2.70
OPTION B - \$3.20
REDUCED MEAL \$.40

New procedure: Student **MUST**
take (1) fruit or vegetable option
with their meal trays.

WHAT'S FOR LUNCH?

Reference the month
calendar below. Each week
is highlighted in a specific
color corresponding to that
week's menu.



MILK
\$.55

Are you in need of meal assistance?
Applications are available for a Free and
Reduced Meal Program. Upon the
application being processed you will be
notified of your ld's eligibility status. To
obtain a copy you can pick up at the
School office or you can also obtain on
the Kings Local website.

Alternative Entree Choices:
Vegetarian Chef Salad w/
Whole Grain Dinner Roll & WG
Crax, Turkey Dog on whole grain
bun and Grilled Cheese
Sandwich. Each meal offering
includes all side dishes and Milk



APRIL 2018.

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

MAY 2018.

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	



