

Columbia Intermediate Lunch Menu

KINGS LOCAL
SCHOOL
DISTRICT



Lunch Menu # 1				
MONDAY A) Hamburger or Cheeseburger * B) Personal Pan Cheese Pizza OR Personal Pan Pepperoni Homemade Baked Beans* Seasoned Mixed Vegetables* Chilled Pineapple Tidbits Milk	TUESDAY A) Cream of Tomato Soup, Crax* w/Texas Grilled Cheese Sandwich B) Chicken Nuggets w/ WG Roll Baked Tater Tots* Baby Whole Carrots with Dip* Fresh Oranges Milk	WEDNESDAY A) Nacho's topped w/Taco meat* Queso Cheese, Lettuce, Salsa B) Crispy Chicken Sandwich Fresh Caesar Salad w/ croutons* Seasoned Broccoli Florets* Chilled Applesauce Milk	THURSDAY A) Sloppy Joe Sand., Pretzels* B) Baked Chicken Tenders served w/ Wh. Grain Dinner Roll Whipped Potatoes with gravy* Seasoned Corn* Chilled Fruit Cocktail Milk	FRIDAY A) Cinti Chili Cheese Coney * B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni Cosmic Creations Potatoes* Seasoned Carrot Coins* Chilled Peaches Milk
Lunch Menu # 2				
MONDAY A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Big Daddy's Primo Cheese Pizza Baked Roasted Potato Chunks* Baby Whole Carrots w/ Dip* Chilled Mandarin Oranges Treat: Mini Rice Krispie Treat Milk	TUESDAY A) Italian Spaghetti w/ Meatballs * served with Warm Garlic Bread B) Popcorn Chix, WG Dinner Roll Fresh Caesar Salad w/ croutons* Seasoned Green Beans* Baby Whole Carrots with Dip Chilled Pineapple Tidbits Milk	WEDNESDAY A) Mini Corn Dogs, Soft Pretzel Stix* B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni Baked Tater Tots* Seasoned Carrot Coins* Fresh Garden Salad with dressing Fresh Orange Wedges Milk	THURSDAY A) Pork BarBQ Sandwich served on Warm Whole Grain Bun * B) S & F Cheese or Pepp. Pizza Homemade Baked Beans* Seasoned Corn* Choice of Applesauce or Fresh Fruit in Season Milk	FRIDAY A) Breaded Mozzarella Cheese* sticks served with marinara sauce B) Chix Nugget w/ WG Dinner Roll Seasoned California Blend Vegt* Baked Krinkle Cut Potatoes* Choice of Chilled Pears or Fresh Red or Green Grapes Milk
Lunch Menu # 3				
MONDAY A) Mini Pizza Cheese Bagels* B) Baked Chicken Rings O's with Warm Whole Grain Dinner Roll Baked Spiral Potatoes* Seasoned Broccoli Florets* Choice of Chilled Diced Pears or Fresh Fruit in Season Milk	TUESDAY A) Cinti Chili Cheese Coney * B) Baked Chicken Tenders served w/ Whole Grain Dinner Roll Homemade Baked Beans* Seasoned Kyoto Blend Vegt.* Chilled Mandarin Oranges Sidekick Frozen Juice Cup Milk	WEDNESDAY A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) S & F Cheese or Pepp. Pizza Seasoned Corn* Baked Hashbrown Starz* Baby Whole Carrots w/ Dip* Chilled Applesauce Milk	THURSDAY A) Chicken Drumstick w/ Biscuit* B) Baked Boneless Chicken Wings served with BBQ Dipper sauce Whipped Potatoes with Gravy* Seasoned Carrot Coins* Chilled Pineapple Tidbits or Fresh Fruit in Season Milk	FRIDAY A) Hamburger or Cheeseburger* B) Stuffed Crust Pizza Slice Choice of Cheese or Pepperoni Fresh Caesar Salad w/ croutons* Seasoned Green Beans* Choice of Chilled Peaches OR or Fresh Fruit in Season Milk
Lunch Menu # 4				
MONDAY A) General Tso's Chicken with* Steamed Rice , Fortune Cookie B) Big Daddy's Primo Cheese Pizza Fresh Caesar Salad w/ croutons* Baby Whole Carrots with Dip* Choice of Chilled Diced Pears or Fresh Fruit in Season Milk	TUESDAY A) Frt Juice, Bk Cheese Omelet * Sausage, Blueberry Fruit Muffin B) Totally Taco WG Max Pizza Baked Potato Rounds* Seasoned Carrot Coins Choice of Warm Cinnamon Apples or Fresh Fruit in Season Milk	WEDNESDAY A) Baked Mini Cheese Ravioli* served with Warm Garlic Bread B) Grilled Chicken Breast Sandwich Fresh Garden Salad with dressing* Seasoned Broccoli Florets* Choice of Mandarin Oranges or Fresh Fruit in Season Milk	THURSDAY A) Choice of Hamburger or* Cheeseburger on WG Bun B) Chix Nugget w/ WG Dinner Roll Homemade Baked Beans* Seasoned Corn* Chilled Pineapple Tidbits or Fresh Fruit in Season Milk	FRIDAY A) Cheesefilled Bosco Breadsticks served with marinara sauce * B) Toasted Italian Sub Sandwich Oven Roasted Potato Wedges* Seasoned Green Beans* Choice of Tropical Fruit or Fresh Red or Green Grapes Milk
Lunch Menu # 5				
MONDAY A) Frt Juice, Grilled Sausage Patty French Toast Sticks with Syrup* B) Big Daddy's Primo Cheese Pizza Baked Roasted Potato Chunks* Seasoned Corn Choice of Chilled Pears or Fresh Fruit in Season Milk	TUESDAY A) Soft Taco served with Salsa* shredded lettuce and cheese B) Popcorn Chix, WG Dinner Roll Steamed Vegetable Rice* Seasoned Green Beans Refried Beans* Sidekick Frozen Juice Cup Milk	WEDNESDAY A) Homemade Mac and Cheese* with Baked Fish Treasurer Nuggets B) Crispy Chicken Sandwich Seasoned Broccoli Florets* Baby Whole Carrots with Dip* Choice of Tropical Fruit or Fresh Fruit in Season Milk	THURSDAY A) Mini Corn Dogs, Soft Pretzel Stix* B) Baked Chicken Rings O's served with Soft Pretzel Stix* Whipped Potatoes with Gravy* Seasoned Mixed Vegetables* Choice of Chilled Peaches or Fresh Fruit in Season Milk	FRIDAY A) Crispy Chicken Snack Wrap* served with romaine and cheese B) Stuffed Crust Cheese Pizza Baked Tater Tots* Seasoned Carrot Coins* Fresh Garden Salad with dressing Chilled Pineapple Milk

LUNCH MEAL
OPTION A - \$2.70
OPTION B - \$3.20
REDUCED MEAL \$.40

New procedure: Student **MUST** take (1) fruit or vegetable option with their meal trays.

WHAT'S FOR LUNCH?

Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.

MILK
\$.55

Are you in need of meal assistance? Applications are available for a Free and Reduced Meal Program. Upon the application being processed you will be notified of your ld's eligibility status. To obtain a copy you can pick up at the School office or you can also obtain on the Kings Local website.

Alternative Entree Choices:
Vegetarian Chef Salad w/
Whole Grain Dinner Roll & WG
Crax, Turkey Dog on whole
grain bun and Grilled Cheese
Sandwich. Each meal offering
includes all side dishes and
Milk



AUGUST 2017

M	T	W	T	F
1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	



SEPTEMBER 2017

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29