KINGS LOCAL SCHOOL DISTRICT

J.F. BURNS, KINGS MILLS AND SOUTH LEBANON ELEMENTARY BREAKFAST MENU

2016 - 2017

Breakfast Menu # 1

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Fruit Cocktail	Diced Peaches	Pineapple Tidits	Orange Wedges	Chilled Applesauce
Apple Juice	Orange Juice	Grape Juice	Fruit Punch Juice	Apple Juice
WG Cold Cereal	Mini French Toast	WG Cold WG Cereal	Warm Pillsbury	WG Cold Cereal
Blueberry WG Muffin	Bites, Maple Syrup	Kelloggs WG Poptart	Cinnamon Bites	Kelloggs Elf Grahams
Milk	Milk	Milk	Milk	Milk

Breakfast Menu # 2

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Diced Pears	Tropical Fruit	Fresh Melon	Mandarin Oranges	Fresh Banana
Orange Juice	Grape Juice	Fruit Punch Juice	Apple Juice	Orange Juice
WG Cold Cereal	Mini Waffle Bites	Nutrigrain Cereal Bar	Pillsbury Frudel	WG Cold Cereal
Kellogg Scooby Bites	served with Syrup	Kelloggs Disney Grahams	(cherry or apple)	Sport Powdered Donut
Milk	Milk	Milk	Milk	Milk

Breakfast Menu # 3

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Chilled Applesauce	Orange Wedges	Pineapple Tidits	Diced Peaches	Fruit Cocktail
Grape Juice	Fruit Punch Juice	Apple Juice	Orange Juice	Grape Juice
WG Cold Cereal	Mini Maple Pancakes	WG Cold Cereal	Pillsbury Mini Bagel	WG Cold Cereal
Kellogg's Bug Grahams	served with Syrup	Cherry Crunch Bar	filled w/ crm cheese	Blueberry WG Muffin
Milk	Milk	Milk	Milk	Milk

Breakfast Menu # 4

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Mandarin Oranges	Fresh Melon	Diced Pears	Tropical Fruit	Fresh Banana
Fruit Punch Juice	Apple Juice	Orange Juice	Grape Juice	Fruit Punch Juice
WG Cold Cereal	Pillsbury Frudel	WG Cold Cereal	Mini Waffle Bites	WG Cold Cereal
Kelloggs WG Poptart	(cherry or apple)	Kelloggs Gripz Bites	served with Syrup	Cherry Crunch Bar
Milk	Milk	Milk	Milk	Milk

Breakfast Menu # 5

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Pineapple Tidits	Fruit Cocktail	Orange Wedges	Diced Peaches	Chilled Applesauce
Apple Juice	Orange Juice	Grape Juice	Fruit Punch Juice	Apple Juice
WG Cold Cereal	Pillsbury Mini Bagel	Warm Cinnamon Ultra	Mini Maple Pancakes	WG Cold Cereal
Kelloggs Elf Grahams	filled w/ crm cheese	Whole Grain Bun	served with Syrup	Kelloggs WG Poptart
Milk	Milk	Milk	Milk	Milk

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS

SHAPING YOUR FUTURE

The Breakfast menu consists of a 5 week rotation cycle. Please reference the yearly calendar below. Each week is highlighted to a corresponding color to that specific week in the calendar.

Breakfast Meal Price:
(includes milk)
$1.25

Reduced Price Meal
$ .30

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Students who received the program last school year automatically qualify for the first 30 days of the new school year. All families however need to re-apply for the new school year within the first 30 days of the new school year. Those students that were on the program and do not re-apply will be removed for the program on October 1st, 2016. Meals will be then charged at full price to your child(ren); payment will be required to be paid in full.

Pre-Pay for Meals On-Line
www.payforit.net

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director at 398-8050 ext .10027

AUGUST 2016.

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

SEPTEMBER 2016.

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

OCTOBER 2016.

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

NOVEMBER 2016.

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

DECEMBER 2016.

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

JANUARY 2017.

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

FEBRUARY 2017.

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28			

MARCH 2017.

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

APRIL 2017.

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

MAY 2017.

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

The United Department of Agriculture is an equal opportunity provider and employer

WG = Whole Grain