



# KINGS LOCAL SCHOOL DISTRICT



## JF BURNS AND KINGS MILLS ELEMENTARY LUNCH MENU

Lunch Menu # 1				
<b>MONDAY</b> Choice of Hamburger or Cheeseburger on Whole Grain Bun Homemade Baked Beans Seasoned Mixed Vegetable Chilled Pineapple Tidbits Milk	<b>TUESDAY</b> Cream of Tomato Soup, Crax Warm Grilled Cheese Sandwich Baked Tater Tots Baby Whole Carrots with Dip Fresh Orange Wedges Milk	<b>WEDNESDAY</b> Walking Taco served with lettuce shredded cheese and salsa Steamed Vegetable Rice Seasoned Broccoli Sidekick Frozen Juice Cup Milk	<b>THURSDAY</b> Baked Chicken Nuggets, WG Roll Whipped Potatoes with Gravy Seasoned Corn Chilled Fruit Cocktail OR Fresh Fruit in Season Milk	<b>FRIDAY</b> Tony's Cheese Pizza Cosmic Creation Potatoes Seasoned Carrot Coins Choice of Chilled Peaches OR Fresh Fruit in Season Milk
Lunch Menu # 2				
<b>MONDAY</b> Baked Mini Corn Dogs Whipped Potatoes with Gravy Caesar Salad with croutons Chilled Mandarin Oranges Treat: Mini Rice Krispy Treat Milk	<b>TUESDAY</b> Italian Spaghetti with Meatballs Whole Grain Warm Garlic Toast Baby Whole Carrots with Dip Seasoned Green Beans Chilled Pineapple Tidbits Milk	<b>WEDNESDAY</b> Chilled Fruit Juice French Toast Sticks with Syrup Grilled Sausage Pattie Baked Roasted Potato Chunks Fresh Orange Wedges Milk	<b>THURSDAY</b> Baked Chicken Drumstick Warm Soft Pretzel Stick Homemade Baked Beans Seasoned Carrot Coins Chilled Applesauce Milk	<b>FRIDAY</b> Double Crust Cheese Pizza Baked Potato Wedges Fresh Garden Salad w/ drsg Chilled Diced Pears OR Fresh Banana Milk
Lunch Menu # 3				
<b>MONDAY</b> Chilled Fruit Juice Mini Waffle Bites with Syrup Grilled Sausage Pattie Baked Hashbrown Starz Fresh Apple Slices Milk	<b>TUESDAY</b> Cincinnati Chili Cheese Coney Homemade Baked Beans Seasoned Corn Baby Whole Carrots with Dip Chilled Mandarin Oranges Milk	<b>WEDNESDAY</b> Mini Pizza Bagels Fresh Garden Salad with dressing Seasoned Carrot Coins Choice of Chilled Pineapple OR Fresh Fruit in Season Milk	<b>THURSDAY</b> Baked Chicken Tenders Warm Whole Grain Dinner Roll Whipped Potatoes with Gravy Seasoned Broccoli Florets Chilled Diced Pears Milk	<b>FRIDAY</b> Stuffed Crust Cheese Pizza Caesar Salad with croutons Seasoned Green Beans Choice of Chilled Peaches OR Fresh Fruit in Season Milk
Lunch Menu # 4				
<b>MONDAY</b> Tangerine Oriental Chicken served with Fortune Cookie Steamed Vegetable Rice Seasoned Kyoto Blend Vegt. Chilled Diced Pears Milk	<b>TUESDAY</b> Chilled Fruit Juice Scrambled Egg with Cheese Asst Cereal, Texas Cinnamon Tst Baked Roasted Potato Chunks Baked Warm Cinnamon Apples Milk	<b>WEDNESDAY</b> Mozz. Cheese Sticks w/marinara Caesar Salad w/croutons Seasoned Green Beans Baby Whole Carrots with Dip Sidekick Frozen Juice Cup Milk	<b>THURSDAY</b> Baked Chicken Rings Warm Soft Pretzel Stick Homemade Baked Beans Seasoned Carrot Coins Chilled Pineapple Tidbits Milk	<b>FRIDAY</b> Choice of Tony's Cheese OR Tony's Pepperoni Pizza Baked Tater Tot Potatoes Seasoned Broccoli Fresh Red or Green Grapes Milk
Lunch Menu # 5				
<b>MONDAY</b> Chilled Fruit Juice French Toast Sticks with Syrup String Cheese and Frt Yogurt Smiley Potatoes Chilled Pineapple Tidbits Milk	<b>TUESDAY</b> Soft Taco served with lettuce shredded cheese and salsa Refried Beans Seasoned Carrot Coins Sidekick Frozen Juice Cup Milk	<b>WEDNESDAY</b> Homemade Mac and Cheese Baked Fish Treasurer Nuggets Seasoned Broccoli Florets Baby Whole Carrots with Dip Chilled Diced Peaches Milk	<b>THURSDAY</b> Baked Popcorn Chicken Whole Grain Dinner Roll Whipped Potatoes with Gravy Seasoned Mixed Vegetables Chilled Diced Pears Milk	<b>FRIDAY</b> Stuffed Crust Cheese Pizza Fresh Garden Salad w/ drsg Seasoned Green Beans Chilled Mandarin Oranges OR Fresh Fruit in Season Milk

Milk  
\$.55

LUNCH MEAL  
\$ 2.50  
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REDUCED MEAL  
\$.40  
(meals include milk)

**WHAT'S FOR LUNCH?**  
Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.

Alternative Entree Choices include:  
Vegetarian Chef Salad with whole grain crackers & dinner roll, Hot Dog on WG Bun or Grilled Cheese Sandwich. (each meal offering includes side dishes with milk)

**Pre-Pay Meals On-Line**  
Visit [www.payforit.net](http://www.payforit.net)

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Applications will be accepted during the course of the entire school year. Until the application is processed and eligibility is determined students will be charged full price for their meals. Any meals that are charged while application is being processed must be paid in full.



