



Kings High School Lunch Menu



Lunch Menu # 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SPECIAL Mini Mozzarella Bagel Bites *	DAILY SPECIAL POTATO BAR (menu offerings are attached)	DAILY SPECIAL Fruit Juice, Cheese Omelet,* Sausage, WG Cinn Texas Tst (2)	DAILY SPECIAL HOT DOG BAR (menu offerings are attached)	DAILY SPECIAL Pork BBQ Sandwich served on a Whole Grain Bun*
SPECIALITY MEALS Cheese-filled Breadsticks, marinara Steak Hoagie topped with cheese	SPECIALITY MEALS Texas Grilled Cheese Sandwich Baked Chicken Nuggets, WG Roll	SPECIALITY MEALS Baked Mini Corn Dogs Popcorn Chix w/ WG Dinner Roll	SPECIALITY MEALS Cheese Quesadilla Steak Burger w/ lettuce & tomato	SPECIALITY MEALS Mozzarella Sticks w/ marinara sc. Bk. Chix Rings, WG Dinner Roll
WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order
PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
SIDE CHOICES FOR MEALS Baked Straight Cut Potatoes* Seasoned Mixed Vegetables Caesar Salad*, Raw Vegt w/ Dip Fresh Orange Wedges	SIDE CHOICES FOR MEALS Whipped Potatoes with gravy *Garden Salad, Raw Vegt w/Dip* Seasoned Broccoli Florets* Chilled Pineapple or Fresh Frt	SIDE CHOICES FOR MEALS Roasted Potato Chunks* Seasoned Carrot Coins Garden Sld, Raw Vegt w/ Dip* Chilled Applesauce or Fresh Frt	SIDE CHOICES FOR MEALS Homemade Baked Beans * Garden Salad, Raw Vegt w/ Dip Seasoned Corn * Fruit Cocktail or Fresh Fruit	SIDE CHOICES FOR MEALS California Blend Vegetables * Baked Potato Rounds (Tots)* Garden Salad, Raw Vegt w/ Dip Chilled Peaches or Fresh Frt
Milk	Milk	Milk	Milk	Milk
Lunch Menu # 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SPECIAL Sloppy Joe Sandwich served* on a Wh. Grain Bun, FS Pretzels	DAILY SPECIAL POTATO BAR (menu offerings are attached)	DAILY SPECIAL Fruit Juice, Baked Sausage Pty French Toast Sticks, Syrup*	DAILY SPECIAL PASTA BAR (menu offerings are attached)	DAILY SPECIAL Philly Beef with Cheese Queso on Warm Submarine Roll*
SPECIALITY MEALS Chse-filled Breadsticks, marinara Baked Chicken Nuggets, WG Roll	SPECIALITY MEALS Italian Beef Pepperoni Calzone Baked Chicken Tender, Pretzel Stix	SPECIALITY MEALS Bk. Chix Rings, WG Dinner Roll Steak Burger w/ lettuce & tomato	SPECIALITY MEALS Texas Grilled Cheese Sandwich Kings Knight Burger	SPECIALITY MEALS Baked Mini Corn Dogs Popcorn Chix w/ WG Dinner Roll
WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order
PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
SIDE CHOICES FOR MEALS Seasoned Corn* Baked Potato Wedges Garden Salad*, Raw Vegt w/Dip Chilled Mandarin Oranges	SIDE CHOICES FOR MEALS Caesar Salad*, Raw Vegt w/Dip* Whipped Potatoes with gravy Seasoned Broccoli Florets* Chilled Applesauce	SIDE CHOICES FOR MEALS Seasoned Roasted Potatoes* Garden Salad, Raw Vegt w/Dip* Seasoned Carrots Fresh Orange Wedges	SIDE CHOICES FOR MEALS Baked Spiral Potatoes Seasoned Green Beans * Caesar Salad*, Raw Vegt w/Dip Chilled Pineapple or Fresh Frt	SIDE CHOICES FOR MEALS Baked Potato Wedges Seasoned California Blend* Garden Salad*, Raw Vegt w/Dip Chilled Pears or Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Lunch Menu # 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SPECIAL Italian Meatball Sandwich served on Whole Grain Hoagie Bun*	DAILY SPECIAL POTATO BAR (menu offerings are attached)	DAILY SPECIAL Pork BBQ Sandwich served on a Whole Grain Bun*	DAILY SPECIAL ORIENTAL BAR (menu offerings are attached)	DAILY SPECIAL Juice, Cheese Omelet, Sausage, Elfin Blueberry Bread*
SPECIALITY MEALS Chix Tenders, WG Dinner Roll Totally Taco Wedges	SPECIALITY MEALS Chicken Quesadilla w/ Salsa Cheese-filled Brdsticks, marinara	SPECIALITY MEALS Baked Mini Corn Dogs Steak Burger w/ lettuce & tomato	SPECIALITY MEALS Popcorn Chix w/ WG Dinner Roll Kings Knight Burger	SPECIALITY MEALS Mozzarella Sticks w/ marinara sc. Baked Chicken Nuggets, WG Roll
WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order	WRAP TO GO MEALS Chipotle Wrap To Order
PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	PIZZA/SANDWICH MEALS S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	PIZZA/SANDWICH MEALS French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
SIDE CHOICES FOR MEALS Baked Spiral Potatoes Seasoned Corn * Garden Salad *, Raw Vegt w/ Dip Fresh Red or Green Apples	SIDE CHOICES FOR MEALS Seasoned Broccoli Florets* Steamed Mexican Rice Garden Salad, Raw Vegt w/ Dip Chilled Mandarin Oranges	SIDE CHOICES FOR MEALS Oven Roasted Potato Wedges* Seasoned Green Beans Garden Salad, Raw Vegt w/Dip* Sidekick Frozen Fruit Juice	SIDE CHOICES FOR MEALS Steamed Plain Rice* Seasoned Kyoto Blend Vegt * *Garden Salad, Raw Vegt w/Dip Chilled Pears & Fresh Fruit	SIDE CHOICES FOR MEALS Baked Hashbrown Coins* Steamed Mixed Vegetables Garden Salad , Raw Vegt w/Dip* Chilled Pineapple or Fresh Frt
Milk	Milk	Milk	Milk	Milk

APRIL 2017

3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28



MAY 2017

1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

DAILY SPECIAL MEALS
\$ 2.60

SPECIALITY MEALS
\$ 3.10 /
\$ 3.60

WRAP TO GO MEALS
\$ 3.10

PIZZA MEALS
\$ 3.10 /
\$ 3.60

BURGER AND CHICKEN SANDWICH MEALS
\$ 3.10

"SUSHI TUESDAY" - FRESH SUSHI MEALS OFFERED TO ALL STUDENTS

ALL PRODUCTS ARE COOKED AND/OR STEAMED (NO RAW FOODS WILL BE SERVED)

STUDENT MEALS : FULL PAY \$5.00 PER MEAL ---- REDUCED SUSHI MEAL \$.40 ---- FREE MEAL PLAN \$ 0.00





Kings High School Lunch Menu



Lunch Menu # 4		SUSHI TUESDAY							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
DAILY SPECIAL Sloppy Joe Sandwich served* on a Wh. Grain Bun, FS Pretzels		DAILY SPECIAL POTATO BAR (menu offerings are attached)		DAILY SPECIAL Fruit Juice, Cheese Omelet * Sausage, WG Texas Cinn Tst (2)		DAILY SPECIAL TACO BAR (menu offerings are attached)		DAILY SPECIAL Tasty Mini Mozzarella Cheese Bagels topped with cheese *	
SPECIALITY MEALS Bk. Chix Rings, WG Dinner Roll Italian Beef Pepperoni Calzone		SPECIALITY MEALS Popcorn Chix w/ WG Dinner Roll Texas Grilled Cheese w/ pickles		SPECIALITY MEALS Mozzarella Sticks w/ marinara sc. Steak Burger w/ lettuce & tomato		SPECIALITY MEALS Cheese Quesadilla w / salsa Buffalo Boneless Chicken Wings		SPECIALITY MEALS Bk. Chix Tenders, Warm Pretzel Baked Mini Corn Dogs	
WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order	
PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich		PIZZA/SANDWICH MEALS Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich		PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich		PIZZA/SANDWICH MEALS S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich		PIZZA/SANDWICH MEALS French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	
SIDE CHOICES FOR MEALS Baked Potato Rounds (Tots)* Seasoned Green Beans* Garden Salad, Raw Vegt w/Dip Fresh Banana		SIDE CHOICES FOR MEALS Baked Crinkle Cut Potatoes Seasoned Broccoli Florets* *Garden Salad, Raw Vegt w/Dip* Chilled Applesauce & Fresh Frt		SIDE CHOICES FOR MEALS Baked TriTater Potatoes* Garden Salad, Raw Vegt w/Dip* Chilled Fruit Cocktail or Fresh Fruit of the Day		SIDE CHOICES FOR MEALS Seasoned Corn* *Garden Salad, Raw Vegt w/ Dip Refried Beans Chilled Peaches & Fresh Fruit		SIDE CHOICES FOR MEALS Whipped Potatoes with gravy* Seasoned Key West Vegt Caesar Salad*, Raw Vegt w/ Dip Chilled Pineapple or Fresh Frt	
Milk		Milk		Milk		Milk		Milk	
Lunch Menu # 5		SUSHI TUESDAY							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
DAILY SPECIAL Baked Mini Cheese Ravioli served with WG Garlic Bread*		DAILY SPECIAL POTATO BAR (menu offerings are attached)		DAILY SPECIAL A) H-Made Macaroni & Cheese served with Crispy Fish Wedge*		DAILY SPECIAL ORIENTAL BAR (menu offerings are attached)		DAILY SPECIAL Fruit Juice, Cheese Omelet * Sausage, WG Texas Cinn Tst (2)	
SPECIALITY MEALS Chsfilled Breadsticks, marinara Bk Chix Nuggets, WG Dinner Roll		SPECIALITY MEALS Bk. Chix Tenders, WG Dinner Roll Totally Taco Wedges w/salsa		SPECIALITY MEALS Cheese Quesadilla w/ salsa Baked Mini Corn Dogs		SPECIALITY MEALS Popcorn Chix w/ WG Dinner Roll Kings Knight Burger		SPECIALITY MEALS Mozzarella Sticks w/ marinara sc. Buffalo Boneless Chicken Wings	
WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order		WRAP TO GO MEALS Chipotle Wrap To Order	
PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich		PIZZA/SANDWICH MEALS Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich		PIZZA/SANDWICH MEALS Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich		PIZZA/SANDWICH MEALS S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich		PIZZA/SANDWICH MEALS French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	
SIDE CHOICES FOR MEALS Baked Colossal Potatoes Garden Salad*, Raw Vegt w/ Dip Seasoned Carrots* Fresh Orange Wedges		SIDE CHOICES FOR MEALS Seasoned Broccoli Florets* Garden Salad, Raw Vegt w/Dip Baked Potato Wedges Chilled Peaches & Fresh Fruit		SIDE CHOICES FOR MEALS Whipped Potatoes with gravy Seasoned Corn* *Garden Salad, Raw Vegt w/Dip Tropical Fruit & Fresh Fruit		SIDE CHOICES FOR MEALS Baked Spiral Potatoes Steamed Kyoto Blend Vegt * Raw Vegetables with Dip Chilled Pears & Fresh Fruit		SIDE CHOICES FOR MEALS Caesar Salad, Raw Vegt w/ Dip* Seasoned Mixed Vegetables* Roasted Potato Chunks* Chilled Pineapple or Fresh Frt	
Milk		Milk		Milk		Milk		Milk	

WHAT'S FOR LUNCH?
Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.



GRAB N GO SANDWICH BOX LUNCHES:
Cold Sandwich w/ lettuce, tomato, and onion. Sun Chips, Veggie Cup, Fruit, and 8

oz Milk
\$ 2.60



SPECIALITY CHEF SALAD

Fresh Chef Salad, includes whole grain crackers, Veggie Cup, Freeh Fruit, and 8 oz.

Milk
\$ 3.10



 *The United States of Agriculture is an equal opportunity provider and employer*

KINGS HIGH SCHOOL **SUSHI TUESDAY**



RETURNS

TUESDAY, APRIL 4TH

Choice of Sushi Offerings:

California Sushi Roll

Chicken Sushi Roll

Vegetable Sushi Roll

Shrimp Sushi Roll

Mozzarella String Cheese

Fresh Vegetable Cup

Fresh Fruit Cup

Fresh Garden Salad with Crackers

Milk-8 oz

Student Meal (full price) - \$5.00 Reduced Student Meal—\$.40

Free Student Meal—\$0.00

Special thanks to Sysco Cincinnati and Chef Kikumori