



# Kings High School Lunch Menu



Lunch Menu # 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SPECIAL</b> Mini Mozz. Bagel Pizza Bites *	<b>DAILY SPECIAL</b> <b>HOT DOG BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Fruit Juice, Cheese Omelet,* Sausage, WG Cinn Texas Tst (2)	<b>DAILY SPECIAL</b> <b>POTATO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Pork BBQ Sandwich served on a Whole Grain Bun*
<b>SPECIALTY MEALS</b> Cheesefilled Breadsticks, marinara Steak Hoagie topped with cheese	<b>SPECIALTY MEALS</b> Cheese Quesadilla Steak Burger w/ lettuce & tomato	<b>SPECIALTY MEALS</b> Baked Mini Corn Dogs Popcorn Chix w/ WG Dinner Roll	<b>SPECIALTY MEALS</b> Texas Grilled Cheese Sandwich Baked Chicken Nuggets, WG Roll	<b>SPECIALTY MEALS</b> Mozzarella Sticks w/ marinara sc. Bk. Chix Rings, WG Dinner Roll
<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order
<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
<b>SIDE CHOICES FOR MEALS</b> Baked Straight Cut Potatoes* Seasoned Mixed Vegetables Caesar Salad*, Raw Vegt w/ Dip Fresh Orange Wedges	<b>SIDE CHOICES FOR MEALS</b> Homemade Baked Beans* *Garden Salad, Raw Vegt w/Dip Seasoned Corn* Fruit Cocktail or Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Roasted Potato Chunks* Seasoned Carrot Coins Garden Sld, Raw Vegt w/ Dip* Chilled Applesauce or Fresh Frt	<b>SIDE CHOICES FOR MEALS</b> Whipped Potatoes with gravy *Garden Salad, Raw Vegt w/Dip* Seasoned Broccoli Florets* Chilled Pineapple or Fresh Frt	<b>SIDE CHOICES FOR MEALS</b> California Blend Vegetables* Baked Potato Rounds (Tots)* Garden Salad, Raw Vegt w/ Dip Chilled Peaches or Fresh Frt
Milk	Milk	Milk	Milk	Milk

AUGUST 2017

1	2	3	4	
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	



SEPTEMBER 2017

1				
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Lunch Menu # 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SPECIAL</b> Sloppy Joe Sandwich served* on a Wh. Grain Bun, FS Pretzels	<b>DAILY SPECIAL</b> <b>PASTA BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Fruit Juice, Baked Sausage Pty French Toast Sticks, Syrup*	<b>DAILY SPECIAL</b> <b>POTATO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Baked Beef n Bean Burrito topped with Cheese Queso *
<b>SPECIALTY MEALS</b> Chsefilled Breadsticks, marinara Baked Chicken Nuggets, WG Roll	<b>SPECIALTY MEALS</b> Italian Beef Pepperoni Calzone Baked Chicken Tenders, Pretzel Stix	<b>SPECIALTY MEALS</b> Bk. Chix Rings, WG Dinner Roll Steak Burger w/ lettuce & tomato	<b>SPECIALTY MEALS</b> Italian Beef Pepperoni Calzone Baked Chicken Tender, Pretzel Stix	<b>SPECIALTY MEALS</b> Baked Mini Corn Dogs Popcorn Chix w/ WG Dinner Roll
<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order
<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
<b>SIDE CHOICES FOR MEALS</b> Seasoned Corn* Baked Potato Wedges Garden Salad*, Raw Vegt w/Dip Chilled Mandarin Oranges	<b>SIDE CHOICES FOR MEALS</b> Baked Spiral Potatoes Seasoned Green Beans* Caesar Salad*, Raw Vegt w/ Dip Chilled Applesauce	<b>SIDE CHOICES FOR MEALS</b> Seasoned Roasted Potatoes* Garden Salad, Raw Vegt w/Dip* Seasoned Carrots Fresh Orange Wedges	<b>SIDE CHOICES FOR MEALS</b> Caesar Salad*, Raw Vegt w/Dip* Whipped Potatoes with gravy Seasoned Broccoli Florets* Chilled Pineapple or Fresh Frt	<b>SIDE CHOICES FOR MEALS</b> Seasoned Mexican Rice Seasoned California Blend* Garden Salad*, Raw Vegt w/Dip Chilled Pears or Fresh Fruit
Milk	Milk	Milk	Milk	Milk

**DAILY SPECIAL MEALS \$ 2.70**

**SPECIALTY MEALS \$ 3.20 / \$ 3.60**

**WRAP TO GO MEALS \$ 3.20**

Lunch Menu # 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SPECIAL</b> Italian Meatball Sandwich served on Whole Grain Hoagie Bun*	<b>DAILY SPECIAL</b> <b>ORIENTAL BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Pork BBQ Sandwich served on a Whole Grain Bun*	<b>DAILY SPECIAL</b> <b>POTATO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Juice, Cheese Omelet, Sausage, Fresh Blueberry Muffin*
<b>SPECIALTY MEALS</b> Chix Tenders, WG Dinner Roll Totally Taco Wedges	<b>SPECIALTY MEALS</b> Popcorn Chix w/WG Dinner Roll Kings Knight Burger	<b>SPECIALTY MEALS</b> Baked Mini Corn Dogs Steak Burger w/ lettuce & tomato	<b>SPECIALTY MEALS</b> Chicken Quesadilla w/ Salsa Cheesefilled Brdsticks, marinara	<b>SPECIALTY MEALS</b> Mozzarella Sticks w/ marinara sc. Baked Chicken Nuggets, WG Roll
<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order
<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
<b>SIDE CHOICES FOR MEALS</b> Baked Spiral Potatoes Seasoned Corn* Garden Salad*, Raw Vegt w/ Dip Fresh Red or Green Apples	<b>SIDE CHOICES FOR MEALS</b> Steamed Plain Rice* Seasoned Kyoto Blend Vegt. *Garden Salad, Raw Vegt w/Dip Chilled Pears & Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Oven Roasted Potato Wedges* Seasoned Green Beans Garden Salad, Raw Vegt w/Dip* Sidekick Frozen Fruit Juice	<b>SIDE CHOICES FOR MEALS</b> Seasoned Broccoli Florets* Steamed Mexican Rice Garden Salad, Raw Vegt w/ Dip Chilled Mandarin Oranges	<b>SIDE CHOICES FOR MEALS</b> Baked Hashbrown Coins* Steamed Mixed Vegetables Garden Salad, Raw Vegt w/Dip* Chilled Pineapple or Fresh Frt
Milk	Milk	Milk	Milk	Milk

**PIZZA MEALS \$ 3.20 / \$ 3.60**

**BURGER AND CHICKEN SANDWICH MEALS \$ 3.20**

## "SUSHI THURSDAY" - FRESH SUSHI MEALS OFFERED TO ALL STUDENTS

ALL PRODUCTS ARE COOKED AND/OR STEAMED (NO RAW FOODS WILL BE SERVED)








STUDENT MEALS : FULL PAY \$5.00 PER MEAL ---- REDUCED SUSHI MEAL \$ .40 ---- FREE MEAL PLAN \$ 0.00






# Kings High School Lunch Menu



Lunch Menu # 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SPECIAL</b> Sloppy Joe Sandwich served* on a Wh. Grain Bun, FS Pretzels	 <b>DAILY SPECIAL</b> <b>TACO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Fruit Juice, Cheese Omelet * Sausage, WG Texas Cinn Tst (2)	 <b>DAILY SPECIAL</b> <b>POTATO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Tasty Mini Mozzarella Cheese Bagels topped with cheese *
<b>SPECIALITY MEALS</b> Bk. Chix Rings, WG Dinner Roll Italian Beef Pepperoni Calzone	<b>SPECIALITY MEALS</b> Cheese Quesadilla w/ salsa Buffalo Boneless Chicken Wings	<b>SPECIALITY MEALS</b> Mozzarella Sticks w/ marinara sc. Steak Burger w/ lettuce & tomato	<b>SPECIALITY MEALS</b> Popcorn Chix w/ WG Dinner Roll Texas Grilled Cheese w/ pickles	<b>SPECIALITY MEALS</b> Bk. Chix Tenders, Warm Pretzel Baked Mini Corn Dogs
<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order
<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
<b>SIDE CHOICES FOR MEALS</b> Baked Potato Rounds (Tots)* Seasoned Green Beans* Garden Salad, Raw Vegt w/Dip Fresh Banana	<b>SIDE CHOICES FOR MEALS</b> Seasoned Green Beans *Garden Salad, Raw Vegt w/Dip Refried Beans Chilled Peaches & Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Baked TriTater Potatoes* Garden Salad, Raw Vegt w/Dip*  Chilled Fruit Cocktail or Fresh Fruit of the Day	<b>SIDE CHOICES FOR MEALS</b> Baked Crinkle Cut Potatoes Seasoned Broccoli Florets* *Garden Salad, Raw Vegt w/Dip* Chilled Applesauce & Fresh Frt	<b>SIDE CHOICES FOR MEALS</b> Whipped Potatoes with gravy* Seasoned Key West Vegt Caesar Salad*, Raw Vegt w/ Dip Chilled Pineapple or Fresh Frt
Milk	Milk	Milk	Milk	Milk
Lunch Menu # 5				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SPECIAL</b> Baked Mini Cheese Ravioli served with WG Garlic Bread*	 <b>DAILY SPECIAL</b> <b>ORIENTAL BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> A) H-Made Macaroni & Cheese served with Crispy Fish Wedge*	<b>DAILY SPECIAL</b>  <b>POTATO BAR</b> (menu offerings are attached)	<b>DAILY SPECIAL</b> Fruit Juice, Cheese Omelet * Sausage, WG Texas Cinn Tst (2)
<b>SPECIALITY MEALS</b> Chsfilled Breadsticks, marinara Bk Chix Nuggets, WG Dinner Roll	<b>SPECIALITY MEALS</b> Popcorn Chix w/ WG Dinner Roll Kings Knight Burger	<b>SPECIALITY MEALS</b> Cheese Quesadilla w/ salsa Baked Mini Corn Dogs	<b>SPECIALITY MEALS</b> Bk. Chix Tenders, WG Dinner Roll Totally Taco Wedges w/salsa	<b>SPECIALITY MEALS</b> Mozzarella Sticks w/ marinara sc. Buffalo Boneless Chicken Wings
<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order	<b>WRAP TO GO MEALS</b> Chipotle Wrap To Order
<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> S & F Pizza (cheese/pepp) Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Stuffed Crust Edge Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b> Big Daddy's Primo Pizza Hamburger / Cheeseburger Grilled Chicken Sandwich	<b>PIZZA/SANDWICH MEALS</b>  French Bread Pizza Hamburger / Cheeseburger Crispy Chicken Sandwich
<b>SIDE CHOICES FOR MEALS</b> Baked Colossal Potatoes Garden Salad*, Raw Vegt w/ Dip  Seasoned Carrots* Fresh Orange Wedges	<b>SIDE CHOICES FOR MEALS</b> Baked Spiral Potatoes Steamed California Blend Vegt. Raw Vegetables with Dip Chilled Pears & Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Whipped Potatoes with gravy Seasoned Corn* *Garden Salad, Raw Vegt w/Dip Tropical Fruit & Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Seasoned Broccoli Florets* Garden Salad, Raw Vegt w/Dip Baked Potato Wedges Chilled Peaches & Fresh Fruit	<b>SIDE CHOICES FOR MEALS</b> Caesar Salad, Raw Vegt w/ Dip* Seasoned Mixed Vegetables* Roasted Potato Chunks* Chilled Pineapple or Fresh Frt
Milk	Milk	Milk	Milk	Milk

WHAT'S FOR LUNCH? Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.



GRAB N GO SANDWICH BOX LUNCHES:  
Cold Sandwich w/ lettuce, tomato, and onion. Sun Chips, Veggie Cup, Fruit,


8 oz Milk  
\$ 2.70



**SPECIALITY CHEF SALAD**

Fresh Chef Salad, includes whole grain crackers, Veggie Cup, Fresh Fruit, and 8 oz. Milk  
\$ 3.20



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