

KINGS HIGH SCHOOL LUNCH MEAL OFFERINGS

WRAP IT GO MEALS AND DAILY SPECIAL STATIONS

Menu Week # 1

Menu Week # 1		
MONDAY, WEDNESDAY AND FRIDAY	TUESDAY	THURSDAY
<p style="text-align: center;"><u>WRAP IT GO MEALS</u></p> <p>Meals : \$ 3.20</p> <p style="text-align: center;">Chipotle Wrap</p> <p>CHOICE OF:</p> <p>Soft Tortilla, WG, 10 inch</p> <p>Chipotle Chicken</p> <p>Steamed Rice (Plain)</p> <p>Chipotle Black Beans</p> <p>Corn Cilantro Vegt Blend</p> <p>Chopped Romaine</p> <p>Fresh Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Chipotle Mayonnaise</p> <p>Lite Ranch Dressing</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>HOT DOG BAR</u></p> <p>Meals : \$ 2.70</p> <p>CHOICE OF (1) MEAT:</p> <p>Grilled Ball Park Hot Dog</p> <p>Grilled Mett</p> <p>Baked Potato Wedges</p> <p>ASSORTED TOPPINGS:</p> <p>Cincinnati Chili</p> <p>Shredded Cheese</p> <p>Diced Fresh Onions</p> <p>Relish (pack) x 1</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>POTATO BAR</u></p> <p>Meals : \$ 2.70</p> <p>FRESH BAKED POTATO &</p> <p>CHOICE OF (1)</p> <p>Cincinnati Chili</p> <p>OR Taco Meat</p> <p>ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Steamed Broccoli</p> <p>Lite Sour Cream</p> <p>Whole Grain Dinner Roll</p> <p>Served w/ WG Dinner Roll</p> <p>* SIDE ITEM OPTION(S)</p>

Menu Week # 2

Menu Week # 2		
MONDAY, WEDNESDAY AND FRIDAY	TUESDAY	THURSDAY
<p style="text-align: center;"><u>WRAP IT GO MEALS</u></p> <p>Meals : \$ 3.20</p> <p style="text-align: center;">Chipotle Wrap</p> <p>CHOICE OF:</p> <p>Soft Tortilla, WG, 10 inch</p> <p>Chipotle Chicken</p> <p>Steamed Rice (Plain)</p> <p>Chipotle Black Beans</p> <p>Corn Cilantro Vegt Blend</p> <p>Chopped Romaine</p> <p>Fresh Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Chipotle Mayonnaise</p> <p>Lite Ranch Dressing</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>PASTA BAR</u></p> <p>Meals : \$ 2.70</p> <p>CHOICE OF (1) MEAT:</p> <p>Italian Meatsauce</p> <p>Cincinnati Chili</p> <p>CHOICE OF (1) PASTA :</p> <p>Rotini Pasta</p> <p>Spaghetti</p> <p>ASSORTED TOPPINGS:</p> <p>Shredded Cheese</p> <p>Diced Fresh Onions</p> <p>Served w/ WG Garlic Toast</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>POTATO BAR</u></p> <p>Meals : \$ 2.70</p> <p>FRESH BAKED POTATO &</p> <p>CHOICE OF (1)</p> <p>Cincinnati Chili</p> <p>OR Taco Meat</p> <p>ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Steamed Broccoli</p> <p>Lite Sour Cream</p> <p>Whole Grain Dinner Roll</p> <p>Served w/ WG Dinner Roll</p> <p>* SIDE ITEM OPTION(S)</p>

Menu Week # 3

Menu Week # 3		
MONDAY, WEDNESDAY AND FRIDAY	TUESDAY	THURSDAY
<p style="text-align: center;"><u>WRAP IT GO MEALS</u></p> <p>Meals : \$ 3.20</p> <p style="text-align: center;">Chipotle Wrap</p> <p>CHOICE OF:</p> <p>Soft Tortilla, WG, 10 inch</p> <p>Chipotle Chicken</p> <p>Steamed Rice (Plain)</p> <p>Chipotle Black Beans</p> <p>Corn Cilantro Vegt Blend</p> <p>Chopped Romaine</p> <p>Fresh Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Chipotle Mayonnaise</p> <p>Lite Ranch Dressing</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>ORIENTAL BAR</u></p> <p>Meals : \$ 2.70</p> <p>Sweet n Sour Chix or</p> <p>General Tso's Chicken</p> <p>Steamed Vegetable Rice</p> <p>Seasoned Kyoto Blend</p> <p>Baked Vegetable Egg Roll</p> <p>Fortune Cookie</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>POTATO BAR</u></p> <p>Meals : \$ 2.70</p> <p>FRESH BAKED POTATO &</p> <p>CHOICE OF (1)</p> <p>Cincinnati Chili</p> <p>OR Taco Meat</p> <p>ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Steamed Broccoli</p> <p>Lite Sour Cream</p> <p>Whole Grain Dinner Roll</p> <p>Served w/ WG Dinner Roll</p> <p>* SIDE ITEM OPTION(S)</p>

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Menu Week # 4

Menu Week # 4		
MONDAY, WEDNESDAY AND FRIDAY	TUESDAY	THURSDAY
<p style="text-align: center;"><u>WRAP IT GO MEALS</u></p> <p>Meals : \$ 3.20</p> <p style="text-align: center;">Chipotle Wrap</p> <p style="text-align: center;">CHOICE OF:</p> <p>Soft Tortilla, WG, 10 inch</p> <p>Chipotle Chicken</p> <p>Steamed Rice (Plain)</p> <p>Chipotle Black Beans</p> <p>Corn Cilantro Vegt Blend</p> <p>Chopped Romaine</p> <p>Fresh Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Chipotle Mayonnaise</p> <p>Lite Ranch Dressing</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>TACO BAR</u></p> <p>Meals : \$ 2.70</p> <p style="text-align: center;">Taco Meat</p> <p style="text-align: center;">CHOICE OF (1)</p> <p>WG Soft Tortilla , 8 inch or Tortilla Scoops, WG or Baked Nacho Rounds</p> <p style="text-align: center;">Refried Beans</p> <p style="text-align: center;">ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>POTATO BAR</u></p> <p>Meals : \$ 2.70</p> <p style="text-align: center;">FRESH BAKED POTATO & CHOICE OF (1)</p> <p>Cincinnati Chili OR Taco Meat</p> <p style="text-align: center;">ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Steamed Broccoli</p> <p>Lite Sour Cream</p> <p>Whole Grain Dinner Roll</p> <p>Served w/ WG Dinner Roll</p> <p>* SIDE ITEM OPTION(S)</p>

Menu Week # 5

Menu Week # 5		
MONDAY, WEDNESDAY AND FRIDAY	TUESDAY	THURSDAY
<p style="text-align: center;"><u>WRAP IT GO MEALS</u></p> <p>Meals : \$ 3.20</p> <p style="text-align: center;">Chipotle Wrap</p> <p style="text-align: center;">CHOICE OF:</p> <p>Soft Tortilla, WG, 10 inch</p> <p>Chipotle Chicken</p> <p>Steamed Rice (Plain)</p> <p>Chipotle Black Beans</p> <p>Corn Cilantro Vegt Blend</p> <p>Chopped Romaine</p> <p>Fresh Tomato Salsa</p> <p>Lite Sour Cream</p> <p>Chipotle Mayonnaise</p> <p>Lite Ranch Dressing</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>ORIENTAL BAR</u></p> <p>Meals : \$ 2.70</p> <p style="text-align: center;">Sweet n Sour Chix or General Tso's Chicken</p> <p style="text-align: center;">Steamed Vegettable Rice</p> <p style="text-align: center;">Seasoned Kyoto Blend Baked Vegetable Egg Roll</p> <p style="text-align: center;">Fortune Cookie</p> <p>Sauces Available Upon request</p> <p>* SIDE ITEM OPTION(S)</p>	<p style="text-align: center;"><u>POTATO BAR</u></p> <p>Meals : \$ 2.70</p> <p style="text-align: center;">FRESH BAKED POTATO & CHOICE OF (1)</p> <p>Cincinnati Chili OR Taco Meat</p> <p style="text-align: center;">ASSORTED TOPPINGS</p> <p>Romaine Lettuce</p> <p>Shredded Cheddar Cheese</p> <p>Tomato Salsa</p> <p>Steamed Broccoli</p> <p>Lite Sour Cream</p> <p>Whole Grain Dinner Roll</p> <p>Served w/ WG Dinner Roll</p> <p>* SIDE ITEM OPTION(S)</p>