



KINGS LOCAL SCHOOL DISTRICT

KINGS JUNIOR HIGH SCHOOL AND KINGS HIGH SCHOOL BREAKFAST MENU



2016 - 2017

| Breakfast Menu # 1 | | | | |
|--|--|--|---|---|
| Monday Fruit Cocktail Apple Juice Smucker Waffle & Sausage Pattie Milk | Tuesday Diced Peaches Orange Juice WG Cold Cereal Sara Lee Muffin Milk | Wednesday Pineapple Tidits Grape Juice Aunt Millie's Bagel with cream cheese Milk | Thursday Orange Wedges Fruit Punch Juice Powdered Donuts or Choc Mini Donuts Milk | Friday Chilled Applesauce Apple Juice Tony's Breakfast Pizza (egg, cheese, turkey bacon) Milk |
| Breakfast Menu # 2 | | | | |
| Monday Diced Pears Orange Juice Max Pancakes served with Syrup Milk | Tuesday Tropical Fruit Grape Juice WG Cold Cereal Super Fortifed Donut Milk | Wednesday Fresh Melon Fruit Punch Juice Bob Evans Sausage Biscuit Sandwiches Milk | Thursday Mandarin Oranges Apple Juice WG Cold Cereal Fruit Yogurt (6 oz) Milk | Friday Fresh Banana Orange Juice Pancake Sausage on a Stick with Syrup Milk |
| Breakfast Menu # 3 | | | | |
| Monday Chilled Applesauce Grape Juice Aunt Millie's Bagel with cream cheese Milk | Tuesday Orange Wedges Fruit Punch Juice WG Cold Cereal Nutrigrain Bar Milk | Wednesday Pineapple Tidits Apple Juice Warm Cinnamon Roll Sausage Patty Milk | Thursday Diced Peaches Orange Juice WG Cold Cereal Mini Blueberry Bread Milk | Friday Fruit Cocktail Grape Juice French Toast Sticks served with Syrup Milk |
| Breakfast Menu # 4 | | | | |
| Monday Mandarin Oranges Fruit Punch Juice Pancake Sausage on a Stick, Maple Syrup Milk | Tuesday Fresh Melon Apple Juice WG Cold Cereal Fruit Yogurt (6 oz) Milk | Wednesday Diced Pears Orange Juice Tony's Breakfast Pizza (egg, cheese, turkey bacon) Milk | Thursday Tropical Fruit Grape Juice WG Cold Cereal Super Fortifed Donut Milk | Friday Fresh Banana Fruit Punch Juice Smucker Waffle & Sausage Pattie Milk |
| Breakfast Menu # 5 | | | | |
| Monday Pineapple Tidits Apple Juice Warm Cinnamon Roll Sausage Patty Milk | Tuesday Fruit Cocktail Orange Juice WG Cold Cereal Mini Blueberry Bread Milk | Wednesday Orange Wedges Grape Juice Max Pancakes served with Syrup Milk | Thursday Diced Peaches Fruit Punch Juice WG Cold Cereal Nutrigrain Bar Milk | Friday Chilled Applesauce Apple Juice French Toast Sticks served with Syrup Milk |

SHAPING YOUR FUTURE



The Breakfast menu consists of a 5 week rotation cycle. Please reference the yearly calendar below. Each week is highlighted to a corresponding color to that specific week in the calendar.

Breakfast Meal Price:
(includes milk)

\$1.50

Reduced Price Meal

\$.30

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Students who received the program last school year automatically qualify for the first 30 days of the new school year. All families however need to re-apply for the new school year within the first 30 days of the new school year. Those students that were on the program and do not re-apply will be removed for the program on October 1st, 2016. Meals will be then charged at full price to your child(ren); payment will be required to be paid in full.

Pre-Pay for Meals On-Line

www.payforit.net

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director at 398-8050 ext. 10027

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS

| AUGUST 2016 | SEPTEMBER 2016 | OCTOBER 2016 | NOVEMBER 2016 | DECEMBER 2016 | JANUARY 2017 | FEBRUARY 2017 | MARCH 2017 | APRIL 2017 | MAY 2017 |
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