



KINGS LOCAL SCHOOL DISTRICT

KINGS JUNIOR HIGH SCHOOL AND KINGS HIGH SCHOOL BREAKFAST MENU



2016 - 2017

Breakfast Menu # 1				
Monday Fruit Cocktail Apple Juice French Toast Sticks served with Syrup Milk	Tuesday Diced Peaches Orange Juice WG Cold Cereal Sara Lee Muffin Milk	Wednesday Pineapple Tidits Grape Juice Aunt Millie's Bagel with cream cheese Milk	Thursday Orange Wedges Fruit Punch Juice Powdered Donuts or Choc Mini Donuts Milk	Friday Chilled Applesauce Apple Juice Tony's Breakfast Pizza (egg, cheese, turkey bacon) Milk
Breakfast Menu # 2				
Monday Diced Pears Orange Juice Max Pancakes served with Syrup Milk	Tuesday Tropical Fruit Grape Juice WG Cold Cereal Super Fortifed Donut Milk	Wednesday Fresh Melon Fruit Punch Juice Bob Evans Sausage Biscuit Sandwiches Milk	Thursday Mandarin Oranges Apple Juice WG Cold Cereal Fruit Yogurt (6 oz) Milk	Friday Fresh Banana Orange Juice Pancake Sausage on a Stick with Syrup Milk
Breakfast Menu # 3				
Monday Chilled Applesauce Grape Juice Aunt Millie's Bagel with cream cheese Milk	Tuesday Orange Wedges Fruit Punch Juice WG Cold Cereal Nutrigrain Bar Milk	Wednesday Pineapple Tidits Apple Juice Warm Cinnamon Roll Sausage Patty Milk	Thursday Diced Peaches Orange Juice WG Cold Cereal Mini Blueberry Bread Milk	Friday Fruit Cocktail Grape Juice French Toast Sticks served with Syrup Milk
Breakfast Menu # 4				
Monday Mandarin Oranges Fruit Punch Juice Pancake Sausage on a Stick, Maple Syrup Milk	Tuesday Fresh Melon Apple Juice WG Cold Cereal Fruit Yogurt (6 oz) Milk	Wednesday Diced Pears Orange Juice Tony's Breakfast Pizza (egg, cheese, turkey bacon) Milk	Thursday Tropical Fruit Grape Juice WG Cold Cereal Super Fortifed Donut Milk	Friday Fresh Banana Fruit Punch Juice Bob Evans Sausage Biscuit Sandwiches Milk
Breakfast Menu # 5				
Monday Pineapple Tidits Apple Juice Warm Cinnamon Roll Sausage Patty Milk	Tuesday Fruit Cocktail Orange Juice WG Cold Cereal Mini Blueberry Bread Milk	Wednesday Orange Wedges Grape Juice Max Pancakes served with Syrup Milk	Thursday Diced Peaches Fruit Punch Juice WG Cold Cereal Nutrigrain Bar Milk	Friday Chilled Applesauce Apple Juice French Toast Sticks served with Syrup Milk

SHAPING YOUR FUTURE



The Breakfast menu consists of a 5 week rotation cycle. Please reference the yearly calendar below. Each week is highlighted to a corresponding color to that specific week in the calendar.

Breakfast Meal Price:
(includes milk)

\$1.50

Reduced Price Meal

\$.30

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Students who received the program last school year automatically qualify for the first 30 days of the new school year. All families however need to re-apply for the new school year within the first 30 days of the new school year. Those students that were on the program and do not re-apply will be removed for the program on October 1st, 2016. Meals will be then charged at full price to your child(ren); payment will be required to be paid in full.

Pre-Pay for Meals On-Line

www.payforit.net

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director at 398-8050 ext. 10027

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS

AUGUST 2016	SEPTEMBER 2016	OCTOBER 2016	NOVEMBER 2016	DECEMBER 2016	JANUARY 2017	FEBRUARY 2017	MARCH 2017	APRIL 2017	MAY 2017
M T W T F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31	M T W T F 5 6 7 8 9 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F 3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28 31	M T W T F 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30	M T W T F 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	M T W T F 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30 31	M T W T F 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28	M T W T F 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 31	M T W T F 3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28	M T W T F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31