



KINGS LOCAL SCHOOL DISTRICT



SOUTH ELEMENTARY LUNCH MENU

| Lunch Menu # 1 | | | | |
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| MONDAY Choice of Hamburger or Cheeseburger on Whole Grain Bun Homemade Baked Beans Seasoned Mixed Vegetable Asst Fresh Fruit and Vegt Bar Milk | TUESDAY Cream of Tomato Soup served with saltine crackers Warm Grilled Cheese Sandwich Baked Tater Tots Asst Fresh Fruit and Vegt Bar Milk | WEDNESDAY Walking Taco served with salsa romaine and shredded cheese Steamed Vegetable Rice Seasoned Broccoli Asst Fresh Fruit and Vegt Bar Milk | THURSDAY Baked Chicken Nuggets, WG Roll Whipped Potatoes with Gravy Seasoned Carrot Coins Asst Fresh Fruit and Vegt Bar SideKick Frozen Juice Cup Milk | FRIDAY Tony's Cheese Pizza Cosmic Creation Potatoes Fresh Romaine Caesar Salad <i>topped with croutons</i> Asst Fresh Fruit and Vegt Bar Milk |
| Lunch Menu # 2 | | | | |
| MONDAY Mini Chicken Chipotle Wrap topped with lettuce & salsa Baked Refried Beans Steamed Vegetable Rice Asst Fresh Fruit and Vegt Bar Milk | TUESDAY Baked Mini Corn Dogs Whipped Potatoes topped with warm chicken gravy Seasoned Carrot Coins Asst Fresh Fruit and Vegt Bar Milk | WEDNESDAY Chilled Assorted Fruit Juice French Toast Sticks with Syrup Grilled Sausage Pattie Baked Roasted Potato Chunks Asst Fresh Fruit and Vegt Bar Milk | THURSDAY Homemade 3 Way Chili Spaghetti topped with shredded cheese Whole Grain Warm Garlic Toast Caesar Salad with croutons Asst Fresh Fruit and Vegt Bar Milk | FRIDAY Double Crust Cheese Pizza Seasoned Corn Fresh Garden Salad with choice of assorted dressings Asst Fresh Fruit and Vegt Bar Milk |
| Lunch Menu # 3 | | | | |
| MONDAY Chilled Fruit Juice Aunt Jemima Pancakes, Syrup Grilled Sausage Pattie Baked Roasted Potato Chunks Asst Fresh Fruit and Vegt Bar Milk | TUESDAY Cincinnati Chili Coney topped with shredded cheese Homemade Baked Beans Seasoned Corn Asst Fresh Fruit and Vegt Bar Milk | WEDNESDAY Mini Cheese Pizza Bagels Fresh Garden Salad with choice of assorted dressings Seasoned Mixed Vegetables Asst Fresh Fruit and Vegt Bar Milk | THURSDAY Baked Chicken Tenders Warm Whole Grain Dinner Roll Whipped Swt Potatoes w/ topping Seasoned Broccoli Florets Asst Fresh Fruit and Vegt Bar Milk | FRIDAY Stuffed Crust Cheese Pizza Fresh Romaine Caesar Salad <i>topped with croutons</i> Seasoned Green Beans Asst Fresh Fruit and Vegt Bar Milk |
| Lunch Menu # 4 | | | | |
| MONDAY Max Cheese-filled Breadsticks served with marinara sauce Seasoned Broccoli Florets Asst Fresh Fruit and Vegt Bar SideKick Frozen Juice Cup Milk | TUESDAY Chilled Assorted Fruit Juice Scrambled Egg with Cheese Texas Whole Grain Cinnamon Tst Baked Roasted Potato Chunks Asst Fresh Fruit and Vegt Bar Milk | WEDNESDAY Italian Rotini Pasta Bake Warm Whole Grain Dinner Roll Seasoned Green Beans Caesar Salad with croutons Asst Fresh Fruit and Vegt Bar Milk | THURSDAY Baked Chicken Nuggets Warm Soft Pretzel Stick Homemade Baked Beans Seasoned Carrot Coins Asst Fresh Fruit and Vegt Bar Milk | FRIDAY Choice of Tony's Cheese OR Tony's Pepperoni Pizza Baked Straight Cut Potatoes Seasoned Corn Asst Fresh Fruit and Vegt Bar Milk |
| Lunch Menu # 5 | | | | |
| MONDAY Chilled Fruit Juice French Toast Sticks with Syrup String Cheese and Frt Yogurt Smiley Potatoes Asst Fresh Fruit and Vegt Bar Milk | TUESDAY Soft Taco with salsa, lett & cheese Steamed Mexican Rice Baked Refried Beans Seasoned Carrot Coins Asst Fresh Fruit and Vegt Bar Milk | WEDNESDAY Homemade Mac and Cheese Baked Fish Treasurer Nuggets Seasoned Broccoli Florets Asst Fresh Fruit and Vegt Bar Frozen Peach or StBerry Cup Milk | THURSDAY Baked Popcorn Chicken Whole Grain Dinner Roll Whipped Potatoes with Gravy Seasoned Mixed Vegetables Asst Fresh Fruit and Vegt Bar Milk | FRIDAY Stuffed Crust Cheese Pizza Fresh Garden Salad with choice of assorted dressings Seasoned Green Beans Asst Fresh Fruit and Vegt Bar Milk |

Milk
\$.55



LUNCH MEAL
\$ 2.50

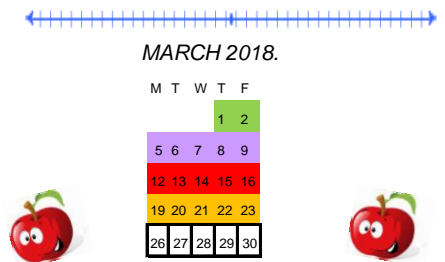
REDUCED MEAL
\$.40
(meals include milk)

WHAT'S FOR LUNCH?
 Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.

Alternative Entree Choices include:
 Vegetarian Chef Salad with whole grain crackers & dinner roll, Hot Dog on WG Bun or Grilled Cheese Sandwich. (each meal offering includes side dishes with milk)

Pre-Pay Meals On-Line
 Visit www.payforit.net

Free and Reduced Meal Applications are available on the Kings Local website or a copy can be obtained at your child's school. Applications will be accepted during the course of the entire school year. Until the application is processed and eligibility is determined students will be charged full price for their meals. Any meals that are charged while application is being processed must be paid in full.



This institution is an equal opportunity provider



