



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE A SAFER BABYSITTER

Safe Sitter® Workshop COUNTRYSIDE YMCA

Safe Sitter is a nationally-recognized program that gives kids ages 11-15 the skills and knowledge needed to safely care for children infants through school age. In this 1-day workshop, participants will learn choking rescue skills, how to handle life-threatening emergencies, how to keep themselves safe, when and how to call for help, and child development knowledge to help them become a safer and better sitter. Registration fee includes the Safe Sitter workbook.

Saturday October 20, 2018

9:00 a.m. - 3:00 p.m.

Arts & Education Center: Craft Room

Members: \$68

Open to the community: \$85

Program code: 18SE 05245-5
Register online or at the front desk

**Participants need to bring a
packed lunch and a drink.**

**SAFE
SITTER®**

