



KINGS LOCAL SCHOOL DISTRICT

COLUMBIA, J.F. BURNS AND SOUTH LEBANON ELEMENTARY BREAKFAST MENU 2011-2012

| Breakfast Menu # 1 | | | | | | | | | |
|--------------------|--|----------------|---|------------------|--|-----------------|--|---------------|---|
| Monday | Chilled Fruit Cold Cereal Cinnamon Toast Milk | Tuesday | Chilled Juice Cold Cereal Whole Grn Poptart Milk | Wednesday | Chilled Fruit Cold Cereal Fruit Brk. Bar Milk | Thursday | Chilled Juice Pancakes (2) Maple Syrup Milk | Friday | Chilled Fruit Cold Cereal String Cheese Milk |

| Breakfast Menu # 2 | | | | | | | | | |
|--------------------|---|----------------|--|------------------|--|-----------------|---|---------------|--|
| Monday | Chilled Fruit Cold Cereal Fruit Yogurt 4 oz Milk | Tuesday | Chilled Juice Scrambled Egg Warm Biscuit Milk | Wednesday | Chilled Fruit Cold Cereal Fruit Muffin Milk | Thursday | Chilled Juice Warm Cinn. Roll Sausage Patty Milk | Friday | Chilled Fruit Bagel (large) - 1 Cream Cheese Milk |

| Breakfast Menu # 3 | | | | | | | | | |
|--------------------|---|----------------|--|------------------|---|-----------------|---|---------------|--|
| Monday | Chilled Fruit Cold Cereal Whole Grn Poptart Milk | Tuesday | Chilled Juice Belgium Stix (2) Maple Syrup Milk | Wednesday | Chilled Fruit Cold Cereal Fortified Donut Milk | Thursday | Chilled Juice Cinnamon Toast Sausage Link Milk | Friday | Chilled Fruit Cold Cereal Waffle Snaps Milk |

| Breakfast Menu # 4 | | | | | | | | | |
|--------------------|--|----------------|---|------------------|---|-----------------|--|---------------|--|
| Monday | Chilled Fruit Cold Cereal Fruit Brk. Bar Milk | Tuesday | Chilled Juice Scrambled Egg Buttered Tost Milk | Wednesday | Chilled Fruit Cold Cereal String Cheese Milk | Thursday | Chilled Juice Pancakes (2) Maple Syrup Milk | Friday | Chilled Fruit Cold Cereal Fruit Muffin Milk |

| Breakfast Menu # 5 | | | | | | | | | |
|--------------------|---|----------------|--|------------------|--|-----------------|--|---------------|---|
| Monday | Chilled Fruit Cold Cereal Graham Clusters Milk | Tuesday | Chilled Juice Warm Cinn. Roll Sausage Link Milk | Wednesday | Chilled Fruit Bagel (large) - 1 Cream Cheese Milk | Thursday | Chilled Juice Belgium Stix (2) Maple Syrup Milk | Friday | Chilled Fruit Cold Cereal Fortified Donut Milk |

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS

SHAPING YOUR FUTURE



Our Breakfast Menu consists of a 5 week rotation cycle. To know what is being served, please reference the yearly calendar below. Each week is highlighted in a specific color corresponding to that week's menu shown here.

Breakfast Meal Price:
(includes milk)
\$1.25

Reduced Price Meal
\$.30

If meal assistance is needed an application can be submitted. Applications are available on the Kings website or copies can be obtained from your child's school. If your family meets the eligibility requirements, your child may receive a free or reduced priced meal. Upon application being processed you will be contacted regarding your eligibility status.

Pre-Pay for Meals On-Line

www.payforit.net

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director, Kings Local School District at 398-8050 ext .10027

