



# KINGS LOCAL SCHOOL DISTRICT

## KINGS JUNIOR HIGH AND KINGS HIGH SCHOOL BREAKFAST MENU

2011-2012

### SHAPING YOUR FUTURE



Our Breakfast Menu consists of a 5 week rotation cycle. To know what is being served, please reference the yearly calendar below. Each week is highlighted in a specific color corresponding to that week's menu shown here.

Breakfast Meal Price:  
(includes milk)

\$1.50

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*Reduced Price Meal*

\$.30

If meal assistance is needed an application can be submitted. Applications are available on the Kings website or copies can be obtained from your child's school. If your family meets the eligibility requirements, your child may receive a free or reduced priced meal. Upon application being processed you will be contacted regarding your eligibility status.

#### Pre-Pay for Meals On-Line

[www.payforit.net](http://www.payforit.net)

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

If you have questions or concerns please call Jennifer Arlinghaus R.D., L.D., Food Service Director, Kings Local School District at 398-8050 ext .10027

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS

Breakfast Menu # 1									
<b>Monday</b>	Chilled Fruit Dream Waffle (1) <i>Cinnamon or Maple</i> Milk	<b>Tuesday</b>	Chilled Juice Cold Cereal Kellogg's Cereal Bar Milk	<b>Wednesday</b>	Chilled Fruit Warm Muffin Frt Yogurt (6oz) Milk	<b>Thursday</b>	Chilled Juice Cold Cereal Fortified Donut Milk	<b>Friday</b>	Chilled Fruit Baked Egg and Saus.Hot Pocket Milk
Breakfast Menu # 2									
<b>Monday</b>	Chilled Fruit Sausage Biscuit Sandwich Milk	<b>Tuesday</b>	Chilled Juice Cold Cereal Whole Grn Poptart Milk	<b>Wednesday</b>	Chilled Fruit Eggo Mini Maple Pancakes Milk	<b>Thursday</b>	Chilled Juice Cold Cereal Fruit Brk Bar Milk	<b>Friday</b>	Chilled Fruit French Tst Stix (3) String Cheese Milk
Breakfast Menu # 3									
<b>Monday</b>	Chilled Fruit Belgium Waffle Stix w/ Sausage Milk	<b>Tuesday</b>	Chilled Juice Cold Cereal Warm Muffin Milk	<b>Wednesday</b>	Chilled Fruit Cheese Omelet Cinnamon Toast Milk	<b>Thursday</b>	Chilled Juice Cold Cereal Kellogg's Cereal Bar Milk	<b>Friday</b>	Chilled Fruit Breakfast Pizza <i>Egg or Sausage</i> Milk
Breakfast Menu # 4									
<b>Monday</b>	Chilled Fruit Scrambled Egg Fruit Brk Bar Milk	<b>Tuesday</b>	Chilled Juice Cold Cereal Frt Yogurt Parfait Milk	<b>Wednesday</b>	Chilled Fruit Dream Waffle (1) <i>Blueberry or Maple</i> Milk	<b>Thursday</b>	Chilled Juice Cold Cereal Fortified Donut Milk	<b>Friday</b>	Chilled Fruit B- Berry Pancake Sausage on Stix Milk
Breakfast Menu # 5									
<b>Monday</b>	Chilled Fruit French Tst Stix (3) String Cheese Milk	<b>Tuesday</b>	Chilled Juice Cold Cereal Fruit Brk Bar Milk	<b>Wednesday</b>	Chilled Fruit Breakfast Pizza <i>Egg or Sausage</i> Milk	<b>Thursday</b>	Chilled Juice Cold Cereal Whole Grn Poptart Milk	<b>Friday</b>	Chilled Fruit Cheese Omelet Buttered Biscuit Milk

AUGUST 2010.	SEPTEMBER 2010.	OCTOBER 2010.	NOVEMBER 2010.	DECEMBER 2010.	JANUARY 2011.	FEBRUARY 2011.	MARCH 2011.	APRIL 2011.	MAY 2011.	JUNE 2011.
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