



Kings Junior High Lunch Menu

Lunch Menu # 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| A) Hamburger/Cheeseburger * served with lett, tomato & pickles* B) Stuffed Cheese Pizza B) Baked Chicken Rings CHOICE OF TWO SIDES Steamed Corn on the Cob* Oven Baked Crinkle Cut Fries Chilled Mandarin Oranges * | A) Pizza Maxi Breadsticks served* with Buttermilk Ranch Dipper * B) Personal Pan Pizza B) Chix Tenders w/ BBQ Dipper CHOICE OF TWO SIDES Steamed Green Beans * Garden Salad with dressing Chilled Mixed Fruit or Fresh Frt * | A) Homemade 3 Way Chili Spag* served with Garlic Texas Toast * B) Kings Delight Chix Sandwich B) Mini Corn Dogs CHOICE OF TWO SIDES Whipped Potatoes with gravy Carrot and Celery Sticks w./ dip * Chilled Peaches or Fresh Frt* | A) Taco Salad (taco fixin's with * Tortilla Chips topped w/romaine* B) Popcorn Chix w/ Biscuit (sm) B) Cheese Quesadilla CHOICE OF TWO SIDES Steamed Veggie Rice* Garden Salad with dressing Chilled Pears or Fresh Frt* | A) Footlong Cheese Coney * B) Tony's Cheese Pizza B) Cheese-filled Breadsticks served with marinara sauce CHOICE OF TWO SIDES Baked Potato Wedges * Steamed Capri Mixed Vegetables Fresh Orange Wedges* |
| Milk | Milk | Milk | Milk | Milk |

Lunch Menu # 2

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| A) Meatball Hoagie topped * w/ shredded mozzarella cheese* B) Big Daddy's Pizza B) Baked Chicken Nuggets CHOICE OF TWO SIDES Confetti Fries (sweet pot, regular) Steamed Carrots * Chilled Applesauce or Fresh Frt* | A) Cheese Flatbread w/marinara* B) Baked Mini Corn Dogs B) Bosco Stuffed Edge Pizza CHOICE OF TWO SIDES Whipped Potatoes with gravy Garden Salad w/ dressing* Homemade Rice Krispy Treat * Chilled Peaches or Fresh Frt* | A) Crm of Tomato Soup, Crax * Texas Grilled Cheese w/ pickles* B) Cheese Quesadilla B) Popcorn Chix w/ BBQ Dipper CHOICE OF TWO SIDES Steamed Mexican Rice Carrot and Celery Sticks* Chilled Pineapple or Fresh Frt* | A) Tony's Thick Crust Pizza * Choice of Cheese or Pepperoni* B) Baked Chicken Tenders B) Personal Round Pizza CHOICE OF TWO SIDES Roasted Potatoes Steamed Green Beans * Chilled Pears or Fresh Frt* | A) Hamburger/Cheeseburger * B) Kings Delight Chicken Sandwich topped with shredded lettuce B) Cheese-filled Breadstix, marinara CHOICE OF TWO SIDES Baked Crinkle Cut Potatoes* Steamed Broccoli Fresh Grapes * |
| Milk | Milk | Milk | Milk | Milk |

Lunch Menu # 3

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| A) Cincinnati Chili Cheese Coney * B) Double Cheeseburger on Bun B) Personal Pan Pizza CHOICE OF TWO SIDES Baked Beans * Carrot and Celery Sticks w/dip * Choice of Choc or Vanilla Pdg * Chilled Pineapple or Fresh Frt* | A) BRUNCH - Frt Juice, Omelet* Sausage, Hashbrown & Cinn. Tst* B) Stuffed Cheese Pizza B) Char-Grilled Chix Breast on Bun CHOICE OF SIDES Garden Salad with dressing Steamed Carrots Fresh Orange Wedges * | A) Large Pizza Bagel topped w/* shredded mozzarella cheese* B) Baked Chicken Nuggets B) Bosco Stuffed Edge Pizza CHOICE OF TWO SIDES Whipped Potatoes with gravy Steamed Mixed Vegetables * Chilled Pears or Fresh Fruit* | A) Homemade Vegt Soup with * Baked Steak Hoagie Sandwich* B) Taco Pizza Wedges w/ Salsa B) Baked Italian Hoagie CHOICE OF TWO SIDES Garden Salad with dressing Steamed Green Beans Chilled Mixed Fruit or Fresh Frt* | A) Baked Chicken Snack Wrap * (chix tender, romaine & cheese) B) Big Daddy's Pizza B) Baked Chicken Rings CHOICE OF TWO SIDES Roasted Potatoes * Steamed Green Peas Fresh Red Delicious Apple* |
| Milk | Milk | Milk | Milk | Milk |

Lunch Menu # 4

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| A) Sloppy Joe Sandwich * served with Tiny Tim Pretzels * B) Kings Delight Chix Sandwich B) Mozzarella Brdstix, marinara CHOICE OF TWO SIDES Garden Salad with dressing Steamed Corn * Chilled Applesauce or Fresh Frt* | A) Twin Taco's w/lettuce, cheese* served with Tortilla Chips & Salsa* B) Baked Chicken Tenders B) Big Daddy's Pizza CHOICE OF SIDES Steamed Veggie Rice * Steamed Broccoli Chilled Pears or Fresh Frt* | A) Homemade Chix Ndl Soup * Warm Soft Pretzels w/ Cheese* B) Personal Round Pizza B) Baked Chicken Rings CHOICE OF TWO SIDES Baked Tater Tots Carrot and Celery Sticks w/dip * Chilled Strawberries w/topping* | A) Italian Rotini Bake served with* Warm Dinner Roll and margarine B) Stuffed Cheese Pizza B) Chicken Nuggets CHOICE OF TWO SIDES Whipped Potatoes with gravy Steamed Capri Blend Vegetables* Chilled Applesauce * | A) Tony's Thick Crust Pizza* Choice of Cheese or Pepperoni* B) Kings Delight Chix Sandwich B) Taco Pizza Wedges CHOICE OF TWO SIDES Steamed Green Beans Garden Salad w/dressing* Chilled Peaches or Fresh Frt* |
| Milk | Milk | Milk | Milk | Milk |

Lunch Menu # 5

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| A) Pork Bar-BQ Sandwich* served with Creamy Coleslaw* B) Popcorn Chix w/ BBQ Dipper B) Baked Mini Corn Dogs CHOICE OF SIDES Fresh Baked Potato w/ margarine Steamed Mixed Vegetables* Fresh Grapes * | A) Chicken Fajita served with * shredded lettuce, lettuce, salsa B) Big Daddy's Pizza B) Double Cheeseburger on Bun CHOICE OF TWO SIDES Steamed Mexican Rice* Garden Salad with dressing Chilled Pears or Fresh Frt* | A) BRUNCH - Frt Juice, Omelet * Sausage, Hashbrown & Cinn.Roll* B) Mozzarella cheese dippers, sc. B) Bosco Stuffed Edge Pizza CHOICE OF TWO SIDES Oven Crinkle Cut Potatoes Steamed Green Beans Fresh Orange Wedges* | A) Baked Corn Dog on a Stick with Homemade Mac & Cheese* B) Chicken Nuggets B) Stuffed Cheese Pizza CHOICE OF TWO SIDES Whipped Potatoes with gravy Steamed Broccoli* Chilled Mixed Fruit or Fresh Frt* | A) Hamburger/Cheeseburger * B) Cheese-filled Breadsticks with warm marinara sauce B) Kings Delight Chix Sandwich CHOICE OF TWO SIDES Garden Salad w/dressing* Steamed Carrots Cherry Frt Gelatin w/topping* |
| Milk | Milk | Milk | Milk | Milk |



WHAT'S FOR LUNCH?

Reference the month calendar below. Each week is highlighted in a specific color corresponding to that week's menu.

APRIL 2012.

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|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

MAY 2012.

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|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

JUNE 2012.

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | |

DELI BAR OFFERED DAILY \$3.00 Meal includes: Fresh Deli Sandwich, Fruit and 8 oz Milk





LUNCH MEAL
OPTION A - \$2.50
OPTION B - \$3.00
REDUCED MEAL \$.40

Each meal includes choice of 2 side dishes and 8 oz milk

Milk \$.55

Menu will change every 3 months and will be posted to our Website. We value your opinion and welcome any suggestions.

SALAD BAR (SELF SERVE)
Small Salad Meal \$2.50
Large Salad Meal \$3.00
REDUCED MEAL \$.40

Each meal includes choice of 2 side dishes and 8 oz milk



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