

KINGS

Community Learning Series

Angst: Raising Awareness Around Anxiety November 7, 2019 at KHS Auditorium

Angst is a 56 minutes documentary designed to raise awareness around anxiety. Students will be viewing a 43-minute version of the same documentary in class. According to the Child Mind Institute, one-third of adolescents and adults in the U.S. have been diagnosed with some type of anxiety disorder. It's key that we break the stigma and open up the conversation about mental health. We will host a post-file panel discussion and Q&A.

Suicide Prevention (QPR) November 12, 2019 & January 28, 2020

Suicide Prevention -- QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. In this QPR session you will learn about warning signs of a suicide crisis: expressions of hopelessness, depression, giving away prized possessions, talking of suicide, securing lethal means, and then taught how to respond. Training for parents and community members.

My Child and the Internet; Growing Up in the Digital Age January 16, 2020

Internet Use Disorder for adolescents and teens is the problematic, habitual drive to continue a behavior even to the detriment of health and happiness. Young people who develop problematic behaviors with the Internet, continue to repeat actions which are harmful to his or her minds and bodies, as well as a loss of happiness and satisfaction with life. Internet Use Disorder often results in a loss of connection with others, harmfully affecting school performance, and negatively affecting the young person's overall health and well-being. This presentation will discuss the role of addictive brain, and how the Internet contributes to this disorder, as well as the relationship that Internet Use Disorder has with mental illness and addiction.

Operation Street Smart: Drug Education March 5, 2020

Operation Street smart is a HIGHLY informative and very engaging drug education training presented by retired undercover detectives from Franklin County Sheriff's Office undercover narcotic branch. The goal of Street Smart is to provide current and up to date narcotics information on trends, terminology, paraphernalia, and physiological effects to those individuals who deal with youth on a daily basis. Participants will be able to see everyday items used by today's youth for substance use and abuse and items are passed around. A must -attend for any parent or those working with youth!

All sessions will be held at
Kings Junior High School
Multipurpose Room (Enter Door D-5 by stadium)
5620 Columbia Road ♦ Kings Mills, OH
6:30-8:30 p.m.