

Hi, SWOOSH Member! This is your Benefits One-Stop, where you can learn about and access all your benefits as an employee at Kings.

Medical Benefit

- **Find a Doctor**

Find the Right Doctor with Just One Click - Explore Anthem's Provider Search Tool!

Go to: <https://www.anthem.com/find-care/>

- **24/7 NurseLine**

Call a Registered Nurse Anytime to find a Doctor or Discuss Next Care Steps

Call: 1.888.249.3820

AblePay

Save Up to 13% on Out-of-Pocket Expenses Through Interest-Free, Flexible Payment Options on Your Medical Bills.

Go to: <https://member.ablepayhealth.com/session>

- **Airrosti**

Muscle and Joint Pain Treatment with Rapid Results

Go to: https://www.airrosti.com/?invsrsrc=airrosti_brand_search

- **Anthem Health Guide & Weight Center**

A Team of Concierge-Level Customer Service Experts — Ready to Answer Questions and Explain How to Use Your Benefits.

Call 1.844.256.4824

- **Building Healthy Families**

Count on Personalized Support at Every Stage, from Family Planning and Pregnancy Through The Toddler Years.

Go to: <http://bit.ly/3ZssYdB>

- **Cancer Care Program**

Cancer Support for Oncologists and Anthem Members Who Are at High Risk for Complications During Treatment.

Go to: <https://bit.ly/3ZqxYiR>

- **CarelonRx**

Refill Your Prescription, Price a Medication, and Find a Pharmacy - All Online.

Go to: <https://www.anthem.com/account-login/>

- **Castlight**

Find Care, Browse Your Benefits, Earn Rewards, and Connect with The Community on Your Health Care.

Go to: <https://us.castlighthealth.com/v2/login>

- **Condition Care**

Provides Case Management Nurses for Anthem Members with Asthma, Diabetes, COPD, and Heart Failure at No-Cost

Go to: <https://www.anthem.com/oh/medicaid/health-topics/manage-your-condition>

- **Employee Assistance Program (EAP)**

No-Cost Mental Health Counseling, Crisis Consultation, Financial Consultation, Legal Consultation and more.

Go to: <https://anthemEAP.com>, Company name: SWOOSH

- **Health Advocate**

Navigate Your Health with Damon Downs RN, CCM - the Health Advocate for SWOOSH.

Call: 513.430.3493 or Email: damon.downs@anthem.com

- **Lark**

Anthem's Diabetes Prevention Program: Lose Weight with Proven Strategies, at No Cost to You, Plus Get a Free Scale.

Go to: <https://bit.ly/3KlvVZA>

- **Learn to Live**

Free, Online Emotional Well-Being Treatment for Social Anxiety, Depression, Stress, Anxiety, Substance Use, and More.

Login to your Anthem account: <https://www.anthem.com/account-login/>

- **Live Health Online**

Meet Virtually with Physicians, Psychiatrists, and Psychologists Any Day of the Week

Call: 1.888.548.3432 or Login to your Anthem account: <https://www.anthem.com/account-login/>

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Dental Benefit

- **Find a Dentist**

The Ultimate Dental Provider Directory: Find Your Ideal Dentist Online

Go to: <https://providers.online.metlife.com/findDentist?searchType=findDentistMetLife>

Dental Insurance Center

Your One-Stop Resource for Dental Insurance - Learn, Compare, and Choose Wisely with MetLife

Go to: <https://www.metlife.com/insurance/dental-insurance/dental-insurance-center/>

Dental Expense Claim Form

Download MetLife's Dental Claim Form for Easy Insurance Claim Submission.

Go to: <https://eforms.metlife.com/wcm8/PDFFiles/3226.pdf>

Vision Benefit

Find an Eye Doctor

The Ultimate Dental Provider Directory: Find Your Ideal Dentist Online

Go to: <https://www.vsp.com/eye-doctor?sortByPremier=true>

Member Login

Your One-Stop Resource for Dental Insurance - Learn, Compare, and Choose Wisely with Vision Insurance VSP

Go to: <https://www.vsp.com/login>

VSP Vision Insurance Benefit Summary

View a Summary of Your Vision Benefits with VSP Vision Insurance.

Go to: <https://bit.ly/3MXUgWr>

More Benefits

- **Benefitsolver Login**

Enroll in Benefits, Make Changes, Update Beneficiaries, Review Your Benefits Summaries, and more.

Go to: <https://www.benefitsolver.com/benefits/BenefitSolverView>

- **HORAN Engagement Team**

Benefit Specialists Are Available to Help You Answer Benefits Questions, Resolve Escalated Claim Issues and Connect You to Resources.

Call: 844.694.6726 or Email: engagement@horanassoc.com



SWOOSH
ORGANIZATION FOR SCHOOL HEALTH

Suggestions for Your Benefits One-Stop?

Contact Ethan, the SWOOSH Marketing Coordinator: ethanp2@horanassoc.com

Want to view a digital, interactive copy?

Scan the QR code or go to: <https://my.visme.co/v/90j0qxp6-d0y1y7>