

# Family Peer Support



Hello! My name is Crystal Penman. I am a Family Peer Support Specialist from Beech Acres Parenting Resource Center at Kings Local Schools. Family Peer Support is a free confidential service available to parents and caregivers of Kings students in grades Pre-K through 12.

## What is Family Peer Support?

I provide information to parents and caregivers to encourage success, empowerment to take action and accomplish family and personal goals. I am available to connect by phone, text, or email. I can also meet with you “where you are” in person at your child’s school, in your home, at a community location such as a coffee shop or local park.

### Types of information and support Family Peer Support provides:

- Access to a variety of parenting support resources
- Usable community resources available in Warren County and surrounding area
- Provide client transportation while finding solutions to transportation barriers
- Opportunities for community and social connection for parents, or students of Kings schools
- Emotional support, a listening ear

### Information and support available includes but not limited to:

- Social activities for preschool-high school students, school based or in the community
- Parenting strategies to cope with student school refusal, limiting screen time
- Helping children cope with divorce
- Assistance finding counseling for your child, yourself, family therapy or grief support
- Mental health resources to address stress management
- Resources for family members or individuals looking for help with substance abuse issues
- Resources for job training/readiness, financial aid, resume writing and job search
- Obtaining a GED
- Assistance finding childcare options
- Attend IEP or 504 meetings with parents or caregivers
- Assist parents and caregivers with effective, solution-based communication with school and child serving program staff
- Resources for parents of children with autism, ADHD, dyslexia or defiant behavior
- Connection to Warren County Department of Disabilities and information on intake process
- Resources to help understand Social Security or SSI guidelines
- Resources for domestic legal aid, child support, custody issues, or children services
- Support and resources for individuals who have experienced domestic violence
- Connection to housing resources, steps to homeownership, affordable or income-based housing
- Community programs for families struggling with homelessness or transitional housing
- Information on the application process for the Home Energy Assistance Program (HEAP), Home Weatherization Assistance Program (HWAP), Warren County Medicaid, SNAP, Daycare Unit, PRC funding
- Programs that assist with overdue bills, transportation issues, help with food, clothing, furniture, appliances or household products
- Educational resources for budgeting and money management, resources for credit counseling
- Assist with task prioritization, setting goals, problem solving to overcome barriers to success
- Service and resource matching to meet immediate needs and improve your family’s well being

To connect with Family Peer Support Services, contact your child’s school counselor or...

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