



The responsibility of parenting has always had difficulties embedded within it, but never before have those pressures felt so immediate. The Parent Coalition (PC) is a **public forum** for local parents focusing on the big issues families are facing. Christ's Church has partnered with ThrivePointe, a counseling center that serves Cincinnati and Dayton. Six hour-long sessions will give parents the tools they need to gain ground in their efforts to effectively lead their children. These sessions are free to all parents.

Our first forum is on Sunday, January 27, 2019 from 5-6pm. We will meet in the big room in the basement at Christ's Church to learn about the rise of anxiety within adolescents as well as focus on developing the skills that would serve you, the parent, to better lead your son/daughter through times of anxiety.

Future dates and topics include:

Jan. 27	Anxiety
March 24	Instilling Identity
April 28	Technology
August 4	Understanding the Teenage Brain
Oct. 6	Crisis Management and Grief Recovery.
Nov. 3	Managing Interpersonal Conflict

If you have any questions about the Parent Coalition, please contact Tyler Ash at tyler.ash@ourchristchurch.com.